

Manzanillo

November 2011

SUN

Manzanillo's Lifestyle E-Magazine

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HITS COLIMA AND JALISCO**

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Cover Photo courtesy of
ING. JOSE SANDOVAL

Manzanillo Sun E-Magazine 2nd Anniversary!

Hurricanes

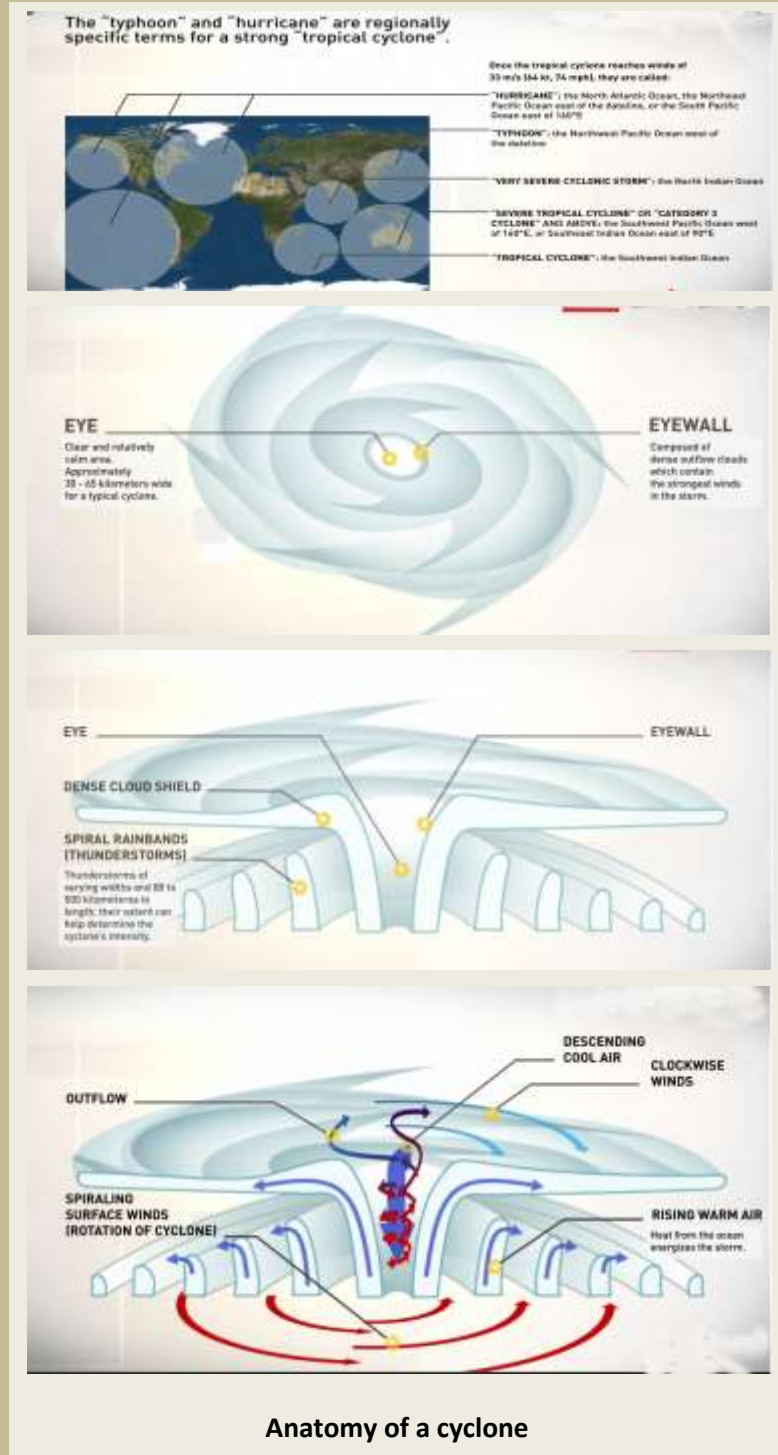
By Terry Sovil

Well, JOVA came to visit! Jova made landfall near Chamela in the state of Jalisco with maximum sustained winds of 160km/h (100mph), the US National Hurricane Center (NHC) said. Jova, classed as a category two storm, made landfall at 23:00 local time (11:00pm Tuesday 10/11). Chamela is 130km (90 miles) northwest of Manzanillo. Forecasters warned of coastal flooding along a 340km (210 mile) stretch between Manzanillo and Cabo Corrientes. Don Harrop, Mismo Sol Youth Hostel in Santiago, reported heavy rain, 195mm or 7.67", in the gauge since noon yesterday at 8:30am on Wed, 10/12.

Hurricanes are complex storms that gather heat and energy from warm ocean water. Evaporation from the seawater rises and increases their power and formation. Hurricanes in the northern half of the world rotate counter-clockwise around the "eye." The very center of the hurricane is called the "eye". It has light winds and fair weather. If a hurricane comes ashore it can cause flooding, heavy rains and serious damage. They are called "Hurricanes", "Cyclones" or "Typhoons" depending on the area of the world they occur. In the Atlantic Ocean, Gulf of Mexico, and the Eastern Pacific Ocean, they are called hurricanes. In the Western Pacific Ocean, they are called typhoons. In the Indian Ocean, the Bay of Bengal, and Australia, these types of storms are called cyclones.

Hurricanes need warm ocean water of 80°F (27°C) or warmer to form. The air must cool quickly the higher you go. The wind must be blowing in the same direction and at the same speed to force air upward from the ocean surface. Winds flow outward above the storm allowing the air below to rise. Hurricanes typically form between 5 to 15 degrees latitude north and south of the equator. The Coriolis Force is needed to create the spin in the hurricane and it becomes too weak near the equator, so hurricanes can never form there. (See the cross-section diagram.)

Storm surge is the most devastating element of a hurricane. As a hurricane's winds spiral around the storm, they push water into a mound at the storm's center. This mound of water causes flooding along the coast. A hurricane will cause more storm surge where the ocean floor slopes gradually. This causes major flooding. (See the storm surge diagrams at end of section.)



Computer models, called Slosh Models, allow forecasters to predict the amount of storm surge that will affect a coastal area. They account for a storm's strength, path, how the ocean shallows and the shape of the land. From this it can calculate how much storm surge will probably result.

The Atlantic hurricane season runs from June 1 to

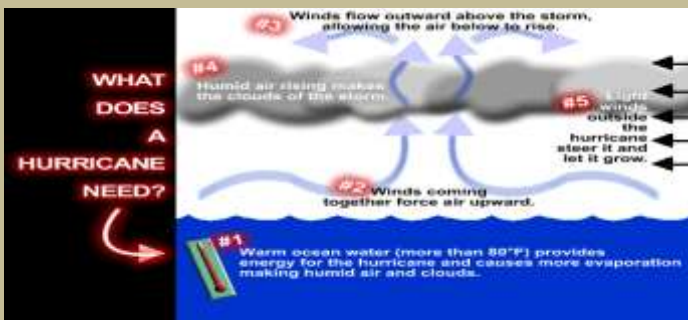
November 30, with most hurricanes during the fall months. The Eastern Pacific hurricane season is from May 15 to November 30. Earlier storms in the Eastern Pacific tend to move more out to sea but later in the seasons conditions are right for them to make landfall, though not often.

From 1950 to 1952, tropical cyclones of the North Atlantic Ocean were identified and named based on the military phonetic alphabet (Able-Baker-Charlie etc.). In 1953 the USA Weather Bureau switched to using women's names. It was a popular decision that caught on. Naming is now handled by the World Meteorological Organization. They create and use sets of names depending on the part of the world the storm is in. Around the U.S.A., only women's names were used until 1979, and then they began to alternate a list that included men's names too. There are six different name lists that alternate each year. If a hurricane causes significant damage, its name is retired and replaced with another. Before a hurricane you should have a disaster plan and a pet plan ready. If necessary board up or tape windows and bring in outdoor items that could blow away or become missiles in a wind. Make sure you know where you are by name (city, state, street address etc.) and where the evacuation routes are.

It can be prudent to have an emergency kit for your home and car. See the table for a list of specific items that the kit may contain. This goes beyond a first aid kit!

During a hurricane avoid low areas that may flood. Stay indoors during a hurricane, strong winds may blow things with deadly force. If your home is on low ground, consider going to a friends or to a shelter. If emergency managers say to evacuate, then do so immediately.

After a hurricane, stay inside until it is safe to go out. Use caution and do not put yourself in danger but look for injured or trapped people. Watch for flooding! Do not attempt to drive into flood waters. Avoid standing water as it could be electrically charged from underground or downed power lines.



Disaster Emergency Kit

- ❖ **Water** - at least 1 gallon daily per person for 3 to 7 days
 - **Food** - at least enough for 3 to 7 days
 - non-perishable packaged or canned food / juices
 - foods for infants or the elderly
 - snack foods
 - non-electric can opener
 - cooking tools / fuel
 - paper plates / plastic utensils
 - ❖ **Blankets / Pillows, etc.**
 - ❖ **Clothing** - seasonal / rain gear/ sturdy shoes
 - ❖ **First Aid Kit / Medicines / Prescription Drugs**
 - ❖ **Special Items** - for babies and the elderly
 - ❖ **Toiletries / Hygiene items / Moisture wipes**
 - ❖ **Flashlight / Batteries**
 - ❖ **Radio** - Battery operated and NOAA weather radio
- **Telephones** - Fully charged cell phone with extra battery and a traditional (not cordless) telephone set
 - **Cash (with some small bills) and Credit Cards** - Banks and ATMs may not be available for extended periods
 - ❖ **Keys**
 - ❖ **Toys, Books and Games**
 - **Important documents** - in a waterproof container or watertight resealable plastic bag
 - insurance, medical records, bank account numbers, Social Security card, etc.
 - ❖ **Tools** - keep a set with you during the storm
 - ❖ **Vehicle fuel tanks filled**
 - **Pet care items**
 - proper identification / immunization records / medications
 - ample supply of food and water
 - a carrier or cage
 - muzzle and leash

Terminology

TROPICAL STORM WATCH	Tropical Storm conditions, sustained winds from 39 -74 mph, are possible within the next 36 hours.
TROPICAL STORM WARNING	Tropical Storm conditions are expected in your area within the next 24 hours.
HURRICANE WATCH	Hurricane conditions, sustained winds of 74 mph or greater, are possible within the next 36 hours. This WATCH should trigger your family's disaster plan (protect property, boats, pets, evacuate).
HURRICANE WARNING	Hurricane conditions are expected in your area within 24 hours. Once this WARNING has been issued your disaster should be implemented or near completion.
COASTAL FLOOD WATCH	The possibility exists for the inundation of land areas along the coast within the next 12 to 36 hours.
COASTAL FLOOD WARNING	Land areas along the coast are expected to become, or have become, inundated by sea water above the typical tide action.
SMALL CRAFT ADVISORY	A small craft advisory is a type of warning issued by the National Weather Service when winds have reached, or are expected to reach within 12 hours, a speed marginally less than that which is considered gale force, usually 25-38 mph

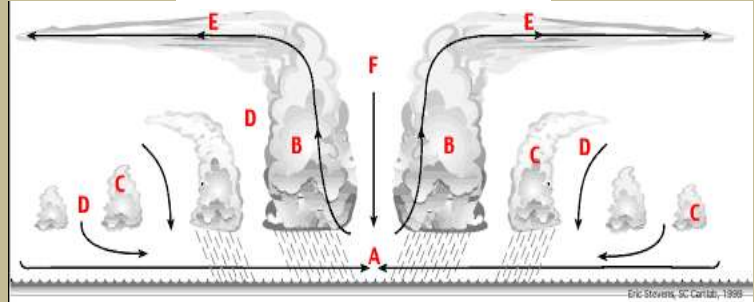
Saffir-Simpson Hurricane Scale

Category	Winds (MPH)	Pressure (Millibars)	Pressure (Inches)	Storm Surge (Feet)	Damage
1	74-95	<980	<28.94	4'-5'	Minimal
2	96-110	979-965	28.91-28.50	6'-8'	Moderate
3	111-130	964-945	28.47-27.91	9'-12'	Extensive
4	131-155	944-920	27.88-27.17	13'-18'	Extreme
5	>155	<920	<27.17	>18'	Catastrophic

Hurricane Stages

Tropical Wave	A low pressure trough moving generally westward with the trade winds.
Tropical Disturbance	Area of thunderstorms that usually forms in the tropics. Typically, they maintain their identity for 24 hours and are accompanied by heavy rains and gusty winds.
Tropical Cyclone	A generic term for any organized low pressure that develops over tropical and sometimes sub-tropical waters. Tropical depressions, tropical storms, and hurricanes are all examples of tropical cyclones.
Tropical Depression	An organized area of low pressure in which sustained winds are 38 mph or less.
Tropical Storm	A tropical cyclone with maximum sustained wind speeds that range from 39 to 73 mph.
Hurricane	A tropical cyclone with sustained winds of at least 74 mph.

Cross section of a Hurricane



A. The average low pressure in the center or "eye" of the storm is approximately 950 mb; pressure increases symmetrically from the eye to the storm's periphery.

B. Tropical cyclones include strong horizontal winds that converge on the eye and reach their maximum force in an area called the "eye wall" (10-25 km from the eye). Convective activity is most dramatic here, where towering cumulonimbus clouds reach the tropopause.

C. Rising motion leads to convective clouds

D. In some areas, weak convection and even sinking air occurs.

E. A gentle outflow of air spirals away from the top of the eye.

F. Sinking air in the eye often causes relatively clear skies.



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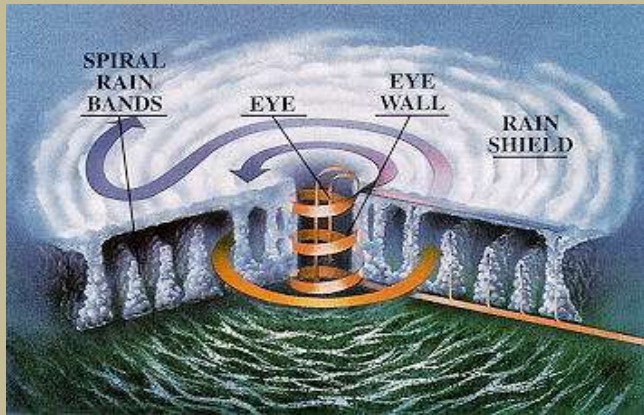
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Domingo de: 1 pm a 10 pm
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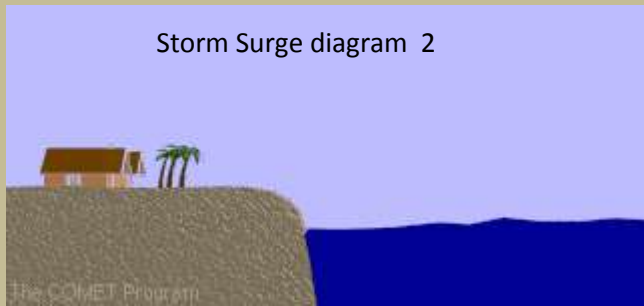
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Storm Surge diagram 1



Storm Surge diagram 2



HURRICANE JOVA ARRIVES 7pm - 12 Nov 2011





Photos from top to bottom

1. Las Hadas Golf Course 7pm next day
2. Avenida Audencia 7pm next day-too deep to drive
3. Las Hadas Golf Course

Photos from top to bottom

4. Beach at Olas Altas 7pm next day
5. Cave in at bridge between Santiago/Salagua
6. Raging River at Barcelo Karmina Palace

HURRICANE JOVA HITS COLIMA AND JALISCO

A Pictorial Essay
Following Photos Compiled and submitted
by Ing. Jose Sandoval

Images are take all around the state showing the effects of a Class 2 Hurricane. Imagine... it was supposed to be a Class 2. Also Manzanillo and Colima City got the edge, Places north are devastated as they got the full brunt of the storm.





Hole in the road was made by workmen replacing pipes before the storm hit.



COLIMA,
the state capital



BARRA DE NAVIDAD, CIHUATLAN and COQUIMATLAN,
MANZANILLO and COLIMA





Colima – Taxi pics









After the storm

Freda Rumford

First printed in the Guadalajara Reporter 20.10.2011

Following the recent stories about Hurricane Jova, it seems necessary to add yet a little more. Upon going out and about in Manzanillo, it was extremely sad to see the amount of Mexican families that had been totally destroyed by the huge amount of water coming from the hills.

Hundreds of house, thousands of people with their homes totally ruined by HUGE mountains of mud. Cihuatlan, just up the coast, was devastated as was Melaque, whilst Barra de Navidad seems virtually unscathed (at least on first glance), Cihuatlan's hospital had to be evacuated and the red Cross lost all of their mattresses.

One thing in particular stands out. The Civil Defense Captains and their band of volunteers, along with all of the services they command in times of emergency, the Red Cross, both in Manzanillo and Cihuatlan, the CFE (Electric Company) the Army and the Marines, all were ready and waiting and leapt into action immediately. All of us foreigners are in awe of what they have done and are still doing to help everyone regardless of who they are. This is commented upon by everyone we have over the past few months. These are the PEOPLE of Mexico, the warm-hearted, loving, welcoming Mexican people who will have nothing to do with the drug cartels. They get on with their life and ask us to join in spoken to, It make s all realize what a very safe place we are living in, despite all of the bad press Mexico has been getting. The people asking for help are those dispossessed of all of their possessions and now

struggling to survive, are asking for goods not money that can easily be diverted. They need non-perishable food items of all kinds, bedding, mattresses, furniture, clothes for men, women and children. This is an ideal time for hotels that will be changing their mattresses this year, to give the old ones to very deserving people.

Manzamigos A.C., the foreign organization in Manzanillo has emptied their bank account in order to buy everything that can be thought of. This was done in the memory of the several people within the organization who have passed away this year. It seemed the ideal way to remember them and pass on their giving natures. They are Gordon Cameron April 2011, Howard Platt June 2011, Ed Small Aug 2011, Peter Harcourt Sept 2011, George Cleland October 2011.

For anyone who can give from their heart, the Red cross in Manzanillo can be reached at Valle Las Garzas or as shown below. Financial contributions can be sent to Manzamigos who will buy goods on your behalf or to:

Cruz Roja Mexicana, Delegacion Colima Acct. number 0190321222

or international or interbank # 0120900019032122222 Red Cross statement:

We are presently collecting all goods at our main branch on the street behind the "Bonilla Valle" Auditorium any day and any hour of the day Thank you for all your help !!

Sra. Reyna Garcia

From the foreign population, we say a HUGE thank you to the Mexican nation for a job really well done. Thank you for allowing us to live in such a wonderful society.



Mere Mortals

By Suzanne A. Marshall

Several days ago I was preparing to write this next article and anticipating Freda's (our illustrious editor) reminder via email. I have a number of lovely stories still to share about living in Manzanillo. But when Freda's email arrived titled 'heads up' these stories seemed so trivial when I learned that Hurricane Jova was bearing down on Manzanillo and 'my second home' was potentially under threat by the forces of nature. It reminded me of only one other time when I had felt so oddly displaced in the world having watched my TV all morning as the attacks of 9/11 on the World Trade Centre took place and then I had to force myself to go to work and try to continue my regular day. It didn't feel right and I knew for me and so many others that the world had been altered somehow, forever.

The planet has become so much smaller. It's no longer the big mystery of youth when a person, especially of my vintage, would fantasize about far off exotic places and read stories of life in far-away countries. Now one can view the world on the internet, 'Google' countries and maps and be aware of almost everything going on in the world through satellite communications and state-of-the-art technologies. Although something as distant and dangerous as a category 3 hurricane can be seen, you still feel helpless and anxious, left only to watch, wait and pray. And of course it is so much more personal when you actually have a home there that you enjoy for half of each year.

Eyes glued to internet links displaying weather reports, storm tracking models, regular updates and public announcements soon become my constant preoccupation as I check in every few hours to read the latest updates. Where will it hit land? How strong will it be? Where will the locals go for safety? How will the condo staff and their families cope with this very unusual event? What will happen to our home there? Storms at sea in the Pacific are nothing new as we have observed before, rambunctious surfs coming in to alter the vista of eight miles of smooth beach into giant dunes and cliff-like formations only to be smoothed out again over time by the persistent tides. But never in recent memory has a hurricane actually hit land from the Pacific in this area. I have an almost guilty feeling about being safe so far away from this storm.

But are we really safe anywhere? Maybe we are or maybe not? One really never knows for sure and given the theory



that "the only constant is change", it is impossible to know. Presumably it's all about the odds. Having been born and raised in Canada I've thought it to be one of the safer places in the world, but who knows what fate awaits us on a certain day at a certain time in a certain place.

Twenty four years ago my home city of one million people was hit by a category 4 tornado, turning oil refineries upside down, ravaging homes and landscapes and killing 27 people.

In eastern Canada ice-storms have stranded people in homes and offices for days and even weeks without power and heat; record breaking snowfall and freezing temperatures hit with full force last winter (while we thankfully enjoyed Manzanillo); and years of drought and unusual summer heat have ravaged forests with uncontrollable fires and burned small cities and villages to the ground. Then we can move round the world to Japan, the Philippines, Europe, Africa, the Middle East and understand there is so little about the nature of the earth and the universe we live in that we can control.

So now of course, having reinforced this philosophy it does give renewed value to the idea that the life we have is very precious. We can choose to live in the moment, be thankful for good fortunes, love our families and our neighbours and be aware as mere mortals that being here is a gift not to be squandered.

And at this moment I wait for news about the outcomes of Hurricane Jova. News and 'Youtube' videos are hitting the internet quickly now. The power outages are massive and I have not heard back from Freda as yet. I watch and hope that all is well with our friends and neighbours whom we will happily join again for the winter very soon.

CERAMIC

TILE ART

by Robert Hill

MURALIST - PAINTER
DESIGNER - TEACHER
Manzanillo, Colima, Mexico



Recent wall mural by Robert Hill



La Paloma - Terrace Wall Mural at Villas Del Tesoro

MURALS - FOUNTAINS
POOLS - BAR TOPS
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House Plaque



Hummingbird



Prehispanic Bird Design



Heron

CONTACT ROBERT AT rmayfordhill@hotmail.com

Lorenzo's Blog

Or musings of a muchacho on the two days visit by Hurricane Jova to Manzanillo

11th and 12th October 2011

I honestly thought we would be spared the Taste of Jova and actually was quite happy and relieved about this, I didn't really want to do a hurricane no matter how exciting and glamorous they might appear in movies. But by 7:30pm Tuesday night I knew something more was lurking and amiss in the shadows of the totally rainy day we had had..."could be, who knows..." We had talked at coffee that morning that Jova was going to turn out to be much like a normal summer tormenta, maybe having the rain last longer than the usual 2 or 3 hours a tormenta might. Maybe a bit breezier...

Tuesday, When I woke up Tuesday morning to rainy, wet skies the temp was 78F. The temperature dropped all day long ending up at 72F when I took my observation patio chair after lights out. There were explosions of turquoise lightning going on all over the place. I thought it was transformers exploding at first, but there was no loud explosions. There was no thunder, just these turquoise bursts of light.

Around 11pm the wind became fierce. It blew some of the coconuts off the tree right off my patio! Palms are remarkably flexible! All the fronds seem to now be on the left side of the tree now, where before they were equally spaced around the tree trunk. At midnight with the wind howling even more, I figured I'd go to bed and try to sleep. You can only watch and listen to the weather in the dark for so long, Nina (the cat) had hightailed it under the bed when the wind first became strong; it made a lot of noise passing through the wet fronds of the palm. Overall, the wind was moaning through all the trees like it does in Seattle in a windstorm, though I believe this is the first time I have heard it do so in México.

I walked around the inside of my place with a flashlight checking things before I went to bed. Water was coming in under my front door, the stairwell was now like a waterfall I saw when I opened my front door, luckily they had built a little dam in front of our doors on the second floor or it would have been worse. It also would come in under the back door to the patio. Somehow water was seeping in at the outside corner of the back bedroom. Water was coming in and dripping down the walls where the air conditioners in both bedrooms are connected to their fans on the roof in the



outside world. Nothing major, I mopped it up quickly, and just as quickly the water re-emerged. I went to bed, wishing I could open the door to my balcony in the bedroom to hear Jova better, but she was actually quite audible with Nina and I ensconced indoors, shut off from her intensity.

Wednesday: I watched the weather in the dark on my patio again with the last weather update at around 5:30 a.m.. The wind had died down and it was just very breezy, rain still falling but not with its earlier intensity so went back to bed

The clouds and rain of Jova kept trying to prevent daybreak, but around 7:30 a.m. I got up from my last and longest 'nap' of the night to the dim light of morning, Columbus Day, or El Dia de la Raza here. It was light enough to see what was going on, light enough to wander about except for the 18" of water filling the streets in my area

I don't know how deep the water in the yard got during night. With the rain lessening the last two hours but at this moment it was a few inches below the patio chairs' seats. At 10:30 a.m. Jeff and I made a tour of the neighbourhood. We should have left earlier, as it was getting pretty quiet when we left the building. There was much debris everywhere, nature- and man-made. Everything was closed for the most part. There was little traffic, few folk wandering the streets. Buses and taxis were non-existent for the most part. After Jeff went home I crossed the boulevard at Wal-Mart to go to the beach again. The waves, thought not exceedingly large, were still angry and chocolate brown. The entire bay was chocolaty. During the night the ocean had deposited much flotsam and jetsam along its shore.

I walked the beach up to the back parking lot of Plaza Manzanillo, Las Hadas Golf Course is to the left. Only today it is the Las Hadas River complete with rapids! No matter which direction you look on the former golf course, now rolls a river. After seeing the

new Rio Las Hadas I decided I needed to walk up the boulevard to the Jardin de Salahua to check it out more. This is where I discovered the 'headwaters' of the new Rio Las Hadas.

The numerous arroyos in the area, have sat most of their recent lives, dry, remembering days of long ago when they flowed as creeks and streams, maybe even a river. Then man arrived and carved up the land, thus diverting their paths with buildings and other constructions to an unknown future. These little parched gullies, gathering weeds and trash, had obviously been waiting for a night like this. The occasional summer "tormentas" each year tease them to remember an almost forgotten greatness that now lay hidden away in the hard packed layers of soil and time that constrict their breadth and depth more with each passing year. But then an infrequent hurricane meanders ashore brushing away these new limiting boundaries, giving the arroyo a new expansiveness that exceeds its more recent, confined course.

It can no longer control or contain itself, and it bursts forth with abandon threatening those who had dared to alter and redefine it's natural course. Sometimes with great devastation. Remarkably, people here in Manzanillo seemed to be well prepared for Jova's arrival. Thanks to the government's warnings and her slow movement. There are areas of heavy damage throughout town. We have heard of 8 deaths but they are all outside of Manzanillo in neighboring towns. There's still mud in streets. There's still only one way into town, the others all blocked with mud and/or rock slides or damaged bridges. The airport (right parallel to and on the Pacific) is closed for 2 weeks.

They were saying earlier that Tropical Storm Irwin is on it's way but one hurricane a lifetime is probably enough for me.

To check East Pacific Storms go to:
<http://www.wunderground.com/tropical/ep201110.public.htm>
!



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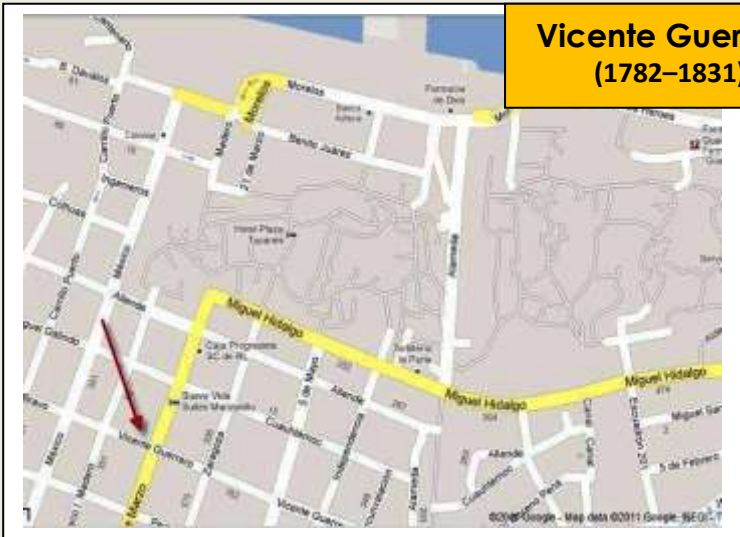
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The Streets of Manzanillo

Terry Sovil



**Vicente Guerrero
(1782–1831)**

**Vicente Guerrero
(1782–1831)**

Vicente Guerrero is sometimes compared to George Washington and Abraham Lincoln in the USA. A former slave, he freed his country and then its slaves. Born in 1782 in Ixtla, Mexico, he was of mixed white and Negro parentage (mulatto) with an Indian strain. His father, Juan Pedro Guerrero, and his mother, Guadalupe Saldena, were of humble origin. They were considered the lowest of the low; degraded by law, custom, and prejudice. Black women were not permitted to wear any jewelry, linen or ornamentation.

Guerrero began work as a mule driver. He had no education and was almost 40 years old before he knew a letter of the alphabet but did have a deep love for his fellow man. When the struggle for Mexican Independence began in 1810, Guerrero was one of the first to join with Father Hidalgo.

During this period Mexico was oppressed by Spain. Hidalgo planted grapevines which were torn up by government officials. Wine had to be imported from Spain with a high tax. Mexico was also handed a national tax bill of \$45,000,000. When Hidalgo called for followers Guerrero did so well in the first battle he made captain. Mexicans won some minor battles but Spanish reinforcements brought the death or imprisonment of key leaders. Some accepted a pardon but Guerrero fought on.

The government sent his father, Pedro, offering him

wealth and land. He turned the offer down. Spain sent their best general, Agustín Cosme Damián de Iturbide, but Guerrero defeated him in two battles. Iturbide had secretly planned to desert Spain and become the ruler of Mexico. He had been bribing his army and he approached Guerrero with the offer to join forces and revolt against Spain. Unfortunately, Guerrero failed to see the true plan and consented. Together they defeated General Santa Ana and Iturbide was named President of Mexico. Though far more popular, Guerrero allowed it.

Iturbide, known now as Augustine I of Mexico, proclaimed himself emperor and proceeded to back the land owners and exploit the poor - who had fought the struggle for independence. Guerrero declared war on Iturbide, captured him and had him shot. In the next election Guerrero was named vice president but the struggle between land owners and the masses went on.



They carried on their activities through "freemasonry", recently introduced to Mexico. The wealthy were in the Scottish rite and the poor were in the York rite. Guerrero headed the Yorks. Next election Guerrero ran against Pedraza. The poor supported Guerrero and the rich Pedraza. Pedraza won. Open revolt followed with The York's issuing a proclamation that Guerrero was president. The government backed down and Guerrero became president in April, 1825.

Guerrero made changes far ahead of his time. He improved conditions for the Indians, half-breeds and blacks. He ordered schools, built setup libraries - reading had been forbidden - declared religious liberty, setup a coinage system (series of denominations in circulation) and suspended the death penalty. He abolished slavery, ordering the release of every slave in Mexico (approximately 10,595 blacks and 1,050 mulattoes) with his native state having the largest numbers.

The Mexican constitution was largely the work of Guerrero. It stated: "All inhabitants, whether White, African, or Indian, are qualified to hold office." This met no resistance because it



didn't cause economic losses to the rich except in one state, Texas. Texas was chiefly Americans who had migrated to Mexico with their slaves to escape opposition in the USA. Guerrero was busy fighting his enemies in Mexico City so left them alone. The Texans knew the majority was against slavery so they revolted and joined the American Union to escape being forced to give in.

Guerrero's rise helped increase the position of the wealthy. They did everything they could to pull him down. They could not bear a man of his race in the presidential chair. His lack of education, simple manners and reputed "Negro blood" put him in contempt by the upper-class society of the capital. He was a triple-blooded outsider.

If Guerrero had become their tool he probably could have gained approval, but he would not do that. The rich united against him and drove him from office. He returned to his roots in the fight for independence and hid in the mountains. He defeated every force sent against him in spite of a bullet still lodged in his chest from the fight with Iturbide. General Bustamente bribed a ship captain, Pucaluga, to get Guerrero to his ship. On February 14, 1831, Guerrero was made a prisoner, given a mock trial and executed.

The result was a nationwide revolt. General Bustamente was driven from office and escaped only because he fled. Pucaluga was executed. A pension was paid to his widow, honors bestowed on his family and a state was named in his honor. Hubert Howe Bancroft said "Guerrero was possessed of a gentleness and magnetism that inspired love among his adherents; while his swarthy face, resonant voice, and flashing eye made him an object of profound respect even among his enemies."



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Grilled marinated in beer, cheddar cheese, smoked bacon, avocado.

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Eggplant, pepper, zucchini, and cheese.

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Tuna, basil mayonnaise, celery, peppers and manchego cheese.

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Cremoso, hecho con kiwi natural y salsa de mango hecha x el Chef!

Fish Life of Manzanillo

By Terry Sovil

Jewel Moray

The Jewel Moray lives in depths from 15-80'. They are found in the southern Sea of Cortez and Pacific Coast mainland to Panama. Inhabiting rocky, boulder strewn areas and walls where they lurk in holes and crevices. Morays constantly open and close their mouths which for breathing and is not a threat. They can be curious and will often peer out from their holes exposing only their heads but retreat if disturbed.

They are from the family of "Morays". You will observe gold to yellow or pale yellow spots with a dark outline, often brown to light brown and yellowish tax and sometimes dark markings. They have a pair of tubular nostrils and range in size from 1 to 1 ½ feet with a maximum of 2 feet.

King Angelfish

From the family of Angelfishes comes the beautiful King Angelfish. These beauties abide in depths from 15-100'. They like rocky boulder-strewn areas and are seen singly but also in large non-polarized schools. Whilst they have been known to clean larger fish including hammerhead sharks they tend to ignore divers so to get a closer view wait quietly in their course of travel or make a very slow approach.

Their transition from juvenile to adult is equally as colorful and beautiful having a distinct white bar behind their pectoral fin, a yellow tail and bright blue bands plus a dark blue body with yellow to orange markings on dorsal and anal fins. There is a "crown" of light blue spots on their forehead. The Juvenile has yellow to orange head and fins with wide dark eye bar and a dark body with bright blue bands. They grow from 6-12" with a maximum of 15".

Longnose Puffer

The Longnose Puffer has a mottled or blotched surface with shades of brown to olive with numerous small white spots. Uncommon to occasional in the Gulf of California and Pacific Coast of Baja to Panama they are generally solitary and feed over shallow sandy bottoms burying themselves in the sand at night. Seeming to ignore divers and tending to keep their distance. They are often called a "Concentric Puffer" and roam in depths from 3' to 65'.

From the family of Smooth Puffers they have a row of darkish diffuse spots interspersed with white along lower edge of side and grow in size from 5 to 8" to a maximum of 12".

Mexican Goatfish

The Mexican Goatfish has a white head and body, often with some bluish tinting. Common from central and southern Gulf of California and Pacific Coast of Baja to Panama, usually solitary but frequently seen in large, polarized schools. They inhabit sandy areas and feed by digging in the sand with their barbells. At night they rest on the bottom and change their color and daytime pattern to reddish blotches. They tend to be wary and move away when approached but can be closely observed by waiting in their path or making slow, non-threatening movements and live in depths of 10 to 150'.

From the family of Goatfishes they feature bright yellow stripe on the middle of the body with a bright yellow tail. You will notice the two barbells under the chin. Their size is from 6 to 9" to a maximum of 12"





USING THE LETTER 'Q'

by Martha Martinez

The letter "Q" has a /K/sound and is used the same way as in English.

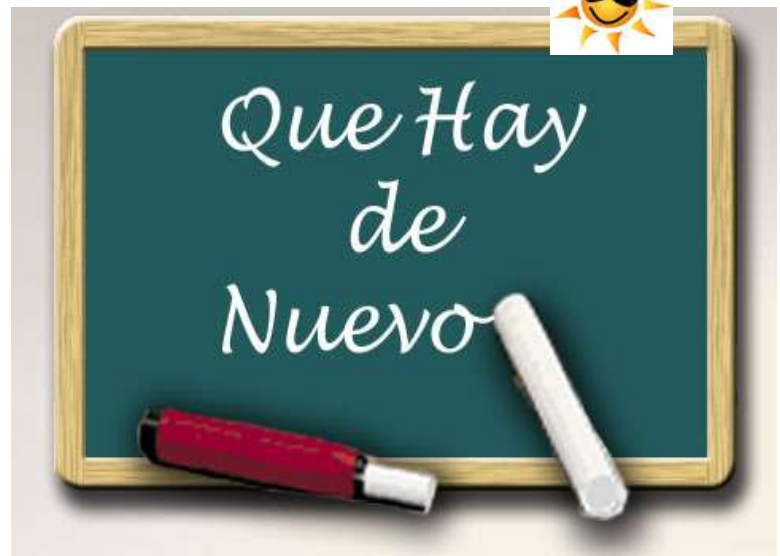
1. Before a silent u and followed by i or e.
For example: queso, quiste, querer, que, quiso

2. Verbs ending in -car:

verb	Past tense	Giving a command
Search buscar	Searched I searched for the keys. Busqué Busqué las llaves	Search Search for the keys. Busque Busque las llaves.
Fish pescar	Fished I fished for shrimp. pesqué Pesqué camarones	Fish Fish for shrimp. pescue Pesque camarones.
Jump brincar	Jumped I jumped the rope. Brinqué Brinqué la piola.	Jump Jump the rope. Brinque Brinque la piola.
Classify clasificar	Classified I classified the animals. Clasifiqué Clasifiqué los animales.	Classify Classify the animals. clasifique Clasifique los animales.
Criticize criticar	criticized I criticized her clothing. Critiqué Critiqué su vestimenta.	criticize Criticize her clothing. critique Critique su vestimenta.

3. Latin words that contain the cu sound.

Examples: quórum, quantum, qualis



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New Beginnings and a New Year

By Suzanne A. Marshall

It's just around the corner, although many of us put off the lurking knowledge that we're going to have a lot to do and we should get started NOW! Of course I'm talking about Christmas and New Year's events and celebrations. For some of us, Christmas has been greatly simplified, the kids are all grown up, many of us scattered hither and yon, or as we have done, settled far away in a beautiful spot with a tropical climate for the winter. We rely now on Internet face to face communications (like Skype) and send money transfers for the children or order on line from a trustworthy store and hope for the best. Then we move on to year end and a new beginning of another year; a time for both reflection and anticipation.

Looking back over the years I remember many great New Year's Eve celebrations. They've changed and meandered a lot though I have to admit that our first New Year's Eve in Manzanillo was one of the most unique and thus one of those occasions that rises to the top of the list of 'best' memories. You name it and I've probably experienced it. Office parties, house parties, hotel parties and dances moving on to my ultimate preference, First Night celebrations with loved ones in a downtown city square in -20C temperatures, 40,000 people mingling, celebrating and listening to live bands frozen on stage, gloved fingers playing guitar and base with breaths frozen in mid-air as they sing lively songs and keep the crowd going. Bless their brave little hearts! There are food and drink vendors too so everyone is satisfied. And then at midnight, the bundled up crowds with hyper-active children who are up way past their bedtimes turn faces to the sky and watch the wonders of fireworks flying off towering buildings, over city hall and absolutely stuffing the sky with every imaginable pyrotechnical achievement. This goes on for twenty minutes while we all sing Auld Lang Syne and eventually begin to disburse, heading for our warm homes and anticipate the coming year.

Ok, now we're in Manzanillo and it's our very first Christmas and New Year's here. We've arrived two weeks into December so for us, we'll be happy to find a small turkey and maybe some cranberry sauce but we're not sure we will. Regardless, we expect a quiet day filled with phone calls a dip in the pool and the oddity of tropical sun and warmth for a change. We have friends who will arrive



New Years Mass

from Canada a few days after Christmas and know we'll find a meaningful way to enjoy New Year's Eve together.

We head for a 'walk-about' in the city to see what we can find and to take in the local flavour. There were many surprises in store for us. Not only did we find lovely turkey options, but thanks to what we determined to be a decent size group of retirees from Canada and U.S.A., we find special displays of tinned cranberry sauce and even stove top stuffing!! Thank you for thinking of us!!

As for poultry seasonings it's on my list to bring from Canada in the following years. Some of the real surprises however were the sight of artificial Christmas trees and holly displayed in the stores, frosty the snow man blow up decorations for home fronts and roof tops, Santa Claus and his reindeer decorations and traditional English carols interspersed with Spanish tunes being played over the store sound systems. I probably shouldn't have been so surprised by the market influences of North America but frankly I was.

There were even mock fur winter coats, hats and mittens in



one children's section and I was absolutely astonished. Pondering about who would wear or buy this merchandise, I could only assume that it must be for those that live in Manzanillo year round and want to send off some gifts suitable for winter climates elsewhere. Again, someone was really thinking here.

Our Christmas was absolutely lovely. We enjoyed the stress free time that our distance has given us and our really great dinner. I placed beautiful large poinsettia plants in our flower boxes out on the terrace and that little addition was enough to add a festive flavour. Our friends have arrived from Canada and we got busy roaming about and visiting. Our condo staff have now told us that there will be a lovely poolside party for New Year's Eve and we are looking forward to dinner out and then meeting our Mexican neighbours and sharing our first Manzanillo New Years' Eve with all of them. We were not disappointed.

A few days before the New Year festivity is to begin, our staff starts to place tables and chairs on the grass and all around the pool area. We also notice other beachside buildings down the beach making preparations with tented dance floors laid out on the sand. The day before New Year's Eve, the tables are in full swing. People are dancing and enjoying the annual get together with time to share stories and enjoy the children. As the majority of them come from Guadalajara they have not seen each other of a while. We are seated and ready to enjoy ourselves as well. and chairs are draped with white cloth and lovely red bows brighten the backs of the chairs. There is a theatre style seating area and a table set up in front of them. Men arrive to set up sound systems with huge speakers and the anticipation is now palpable. This is going to be a lot of fun!

It's five o'clock on the big day. We weren't sure what was happening at that time but the residents and children are all out of the pool and dressed as they arrive and take seats in the theatre style section. Soon we see a priest in service attire take his place at the front of the gathering where beautiful bouquets of flowers have been placed and a catholic mass begins. Later we are told that this is an annual tradition wherein the New Year is blessed and thanks is given for the past year.

Later, having enjoyed a fabulous dinner with our friends, we return to our condo where the music and festivities. Meanwhile, the beaches have filled with hundreds of the locals and small fireworks can be heard between sounds

of music, singing and laughter wafting down the beach. The night is pitch black, warm and fragrant and at the stroke of midnight a volley of fireworks begins as we all quickly gather at the surf wall and watch an astounding display of fireworks catapulting into the skies over the bay along eight miles of beach and cheering crowds. None of us had ever seen anything quite like it, standing there in the balmy air exchanging hugs and best wishes with our friends and all our neighbours who graciously welcome us to this joyous experience.

We will never forget this new, unique and very very special welcome to New Year's Eve in Manzanillo with our wonderful Mexican friends.



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The D-I-V-O-R-C-E

By April Pepper

Oh sure, I can give lots of lip service about important topics such as co-parenting, parallel-parenting, single-parenthood, parenthood....The truth is, I'm flying blind. I probably read the same blogs you read. I probably search the same key phrases you search. Like...

'How to tell your kids you're getting a divorce'
'How to raise happy kids after a divorce'
'How to survive a divorce'
'What kind of a family will I have after divorce?'
'How to brutally murder your lying, selfish ex-husband and get away with it'.....etc.

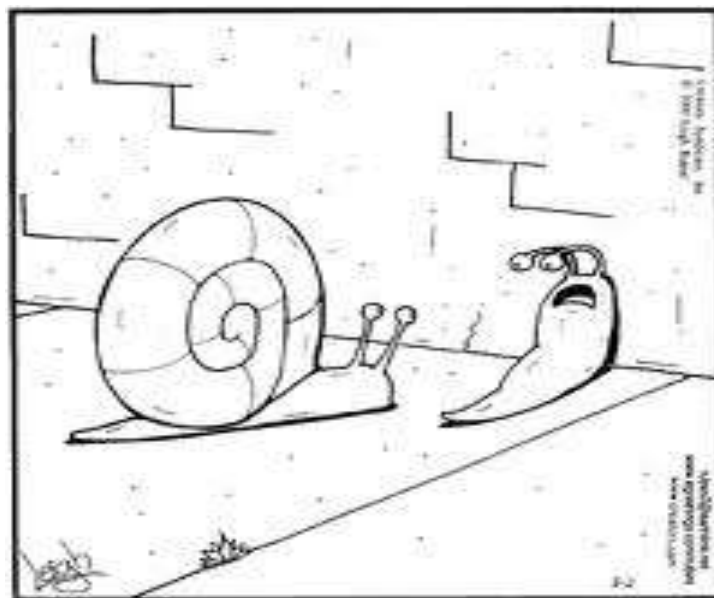
Obviously I jest about the brutal murder bit. *Ha ha ha...* A girl's bound to make *some* bad jokes under duress. You see for me, the truth is that Tammy Wynette's D-I-V-O-R-C-E is all a massive emotional tangle of pain, humour and grief. I suspect that to an emotionally stable person, who I recklessly assume is unburdened by jealousy, rage, infidelity, abuse and neglect, I probably seem a tad 'bonkers'. I accept this perception, and often times I embrace it.

Hell...Lord knows I'd be a fool to turn down an embrace at this juncture in my emotional career. I suppose that's a positive thing. There's no shortage of hugs in this house. A person needs to stay connected. My wiener dog gets probably more attention than she would sign up for, my kids definitely get more hugs than they'd expect in a day, and you'd be surprised at how rewarding it actually is to hug a turtle. (*I love you Lulu!*)

The DHL Delivery guy was a bit off-put last Monday when he got his hug, (totally his own issue, not mine) and come to think of it, I don't think *Jesus* the butcher was that receptive to his either. Whatever. I'm not taking that on (*throws head back and cackles wickedy at the phony manner in which she humorously regurgitated a famous and acceptable deflective phrase within the Church of Self Help*).

I hug more than most, I guess. That's some of the fallout from my separation, it's a truth and I accept it. Among the many truths I accept, a big one is loneliness.

I can list off all the things a person can do on their own, and the list is long. There are scads of activities that were specifically created for soloists, lots of them. Kayaking, for



"Things have been kind of rough since the divorce. As you can see, my ex got the house."

example. I live on the ocean, kayaks are for rent all over the place. Just try and fit 2 people in a kayak, ridiculous! Libraries, for another: How many librarians have you encountered that welcomed chit chat and socialization? I'll hazard a guess...none! The gym: Unless you have a trainer, this is definitely a solo activity. Which brings us to our next activity, Masturbation: It's right there in the title, this is a solo activity. Next up? Reading: Unless you're 5, this is again a solo activity. Lastly? Coffee shops: Always a welcome retreat for the soloist who may or may not choose a secondary activity like reading to accompany the first: 'drinking coffee'. I could go on and on, but why bother.

We all know what to do when we're single, we're doing all the things that our miserable spouses prevented us from doing while we were un-single. Isn't life *better* now that we can do nothing whenever we want? The obvious answer is yes. And no. And then yes again, and later no, then a resounding 'yes!' D-I-V-O-R-C-E is all very confusing...

I'm a Mum. That's what I've always waited to become. I was born waiting to be Mum, and when my moment arrived, I embraced it, that's what I do, I'm a Mother. I don't have anything figured out, which surprised me some, I thought that would be included in this marriage package somehow, but surprisingly, it's not. I love my kids the best way that I know how. Some days their Daddy is involved, and some days he's not. I'll never shut that door without their permission. All they know how to do is love, and laugh and hug and imagine and grow. I know that I will work double over time to be the best damn Mum I can be to my tots, and I will pray for nothing but



the same from my ex-husband. But along the way, I expect I will be lonely for someone to taste my tomato sauce and see if it needs salt, someone to whom garbage isn't Kryptonite and will take it out, someone to 'Get it off! Get it off!' when I can't, someone to see what that noise is at 4:37 am, someone to tell me when I have something stuck in my teeth, and someone who doesn't expect a reasonable answer to the question 'Why are you crying?', someone who will see that I'm cold and put a blanket on me, someone that will see that I'm sad and comfort me, someone who will see that I'm impossible and stop trying, someone who will love me for me, and for no other reason. Someone who will expect me to be me, and nothing more.

Tell me, is that too much to ask? Surely after conquering the war that is Divorce there is a pleasntry like...peace at the end of the battle? Surely.....

Divorce is underrated. ☺



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It's Recess Time!

School is back in session and it's time for us to pretend we are kids again! Most people think they need to go to a gym or fitness club to work out when all we need to do is take a trip back in time and hit the playground. Parks and playgrounds are perfect for a full body workout. Another plus to living in Manzanillo? Your tongue won't get stuck to the frozen monkey bars!! Lace up your sneakers, grab a water bottle and let's get going.

Walking or biking to the nearest park is an ideal way to warm up and get your blood pumping. If you simply must drive, take 5 minutes or so to do some jumping jacks, jogging in place or jump roping (you don't need a rope- just pretend) to raise your heart rate a bit.

How long has it been since you have been on a swing? It was fun as a kid and while it is still fun, it can also be a great ab workout. Sit on the swing, hold the chains, then lean back about 45 degrees. Extend your legs straight in front of you with your feet together and toes pointed. Open your legs slightly to form a V, then cross your left calf over your right, contracting your core muscles to keep the swing as still as possible.



Return to V position for one count, then cross your right calf over your left to complete the set. Do 12 to 15 sets. After you tone up your abs, take a moment to just swing!

Find a jungle gym bar that is 3-4 feet high. Using an underhand grip and keeping your hands shoulder-width apart, extend your legs in front of you until your chest is under the bar; place your feet hip-width apart. Pull your chest close to the bar by drawing your elbows alongside your ribs. Straighten arms and repeat. Aim to do five pull-ups; work up to 12 to 15. This is like an upside down push up. This is easier than pull-ups as your feet are resting on the ground but it is great for your upper back and biceps.



Go to the slide (or use a park bench) to do some lunges for your butt and legs. Stand facing away from the slide and rest your left foot on the bottom of it; place your hands on your hips. Bend your right knee until your right thigh is almost parallel to the ground, but don't let your knee move farther forward than above your toes. Return to starting position by pressing through your right heel. Do 12 to 15 reps, and then repeat with the other leg. The leg that is on the ground is working; the one that is on the slide is there for balance. Don't feel you have to do this on the slide or bench, lunges on flat ground will also tone your bottom.



Manzanillo's Lifestyle & Magazine
FITNESS and HEALTH



Push Ups are a great exercise for your whole body. I do these on an angled ladder but you could do them on a park bench or on the ground as well. Keeping your body straight, bend your elbows out and lower your chest almost to the ladder or bench. Push up with a big exhale. Do 10-15, really concentrating on keeling your abs tight and working your chest and shoulders.

Triceps Dips. The triceps are the muscles on the back of your arm that keeps wiggling when your arm stops waving. It's not an easy exercise but your arms will look amazing with some effort. Sit on a bench and grip the edge with your hands shoulder-width apart. Scoot off the bench and extend your legs in front of you, bending your knees slightly. The farther and straighter your legs are, the more difficult this will be. Bend your elbows and lower your butt a few inches toward the ground, keeping your back close to the bench; slowly press back up. Do 12 to 15 reps. Don't use your legs to push you up and down; all your weight is in your arms.



These are just a few moves, look around and see what else looks like fun- I am trying to master regular pull-ups while hanging from the monkey bars, I am up to 2. These are difficult for women as we have weaker upper bodies, but I am going to keep working at it!

Do another 20-30 minutes of cardio (run -walk- bike- jump rope), then some stretches and you're done!

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**NOVEMBER 2011
CALENDAR OF EVENTS
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NOVEMBER**

November 1 - 2 Day of the Dead celebrated over Mexico
November 4-7 - Friday to Monday PATA FALL M*A*S*H CLINIC

Where: TBD, but expected to be in Centro Manzanillo
Time: 8:00 a.m. - 5:00 p.m.
Contact: Stan Burnett stan@patamanzanillo.com

DECEMBER

December 4 - Sunday - PATA DOG JOG WALK-A-THON

Where: Santiago Peninsula
Time: 8:00 a.m.
Contact: Stan Burnett stan@patamanzanillo.com

December 10 - Saturday Mujeres Amigas & Manzanigos Christmas Party

Where: Condominios Pelicanos
Time: 6.00 p.m.
Contact: Lydia Bevaart 334 - 0002
Costs: 100 pesos per person to pay for musician and equipment rentals. Anything left over will be contributed to the old Folks Home (ANSILO ANCIANOS) in Las Garzas. PLUS a dish to share please. SO - bring your significant other and come for our usually wonderful supper and dancing

JANUARY

January 13 - Friday AN EVENING OF HOPE

Details to be announced.
An evening of good food, fun, fellowship and support of community charitable projects.

January 20 - Friday CASA HOGAR LOS ANGELITOS

Where: Pavilion on Valle Las Garzas
Time: TBA
Contact: Marge Tyler 337-3175, maggiet19@earthlink.net

If you would like to help or donate something, please contact Marge Tyler.

FEBRUARY

February 14 - Tuesday SANTIAGO FOUNDATION AUCTION DINNER

Details to be announced.

To have details of your event announced, contact: Glenna: calendarofevents.zlo@gmail.com

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THIS 'N' THAT

by Vivian Molick

Did you know that...

- ✚ Clans of long ago that wanted to get rid of their unwanted people without killing them would burn their houses down – hence the expression “to get fired”.
- ✚ The term “the whole 9 yards” came from W.W.II fighter pilots in the South Pacific. When arming their airplanes on the ground, the .50 caliber machine gun ammo belts measured exactly 27 feet before being loaded in the fuselage. If the pilots fired all their ammo at a target, it got “the whole 9 yards”.
- ✚ An ostrich’s eye is larger than its brain.
- ✚ If you have three quarters, four dimes, and four pennies, you have \$1.19. You also have the largest amount of money in coins without being able to make change for a dollar.
- ✚ The first toilet ever seen on television was on “Leave it to Beaver”.
- ✚ The nursery rhyme “Ring Around the Rosey” is a rhyme about the plague. Infected people with the plague would get red circular sores (Ring around the Rosey). These sores would smell very badly so common folks would put flowers on their bodies somewhere (inconspicuously) so that it would cover the smell of the sores (...a pocket full of posies...). People who died from the plague would be burned so as to reduce the possible spread of the disease (...ashes, ashes, we all fall down!).
- ✚ The more wrinkles your brain has, the more intelligent you are. (At least those wrinkles are good for something.)
- ✚ A polar bear’s fur is not white, but clear, and its skin is black.
- ✚ The longest word typed with the left hand is stewardesses.

- ✚ Bernard Clemmens of London managed to sustain a fart for an officially recorded time of 2 minutes and 42 seconds. (I thought you guys would like that.)
- ✚ If you farted consistently for 6 years and 9 months, enough gas is produced to create the energy of an atomic bomb. (Another one for you guys.)
- ✚ Banging your head against a wall uses 150 calories an hour.
- ✚ Humans and dolphins are the only species that have sex for pleasure.

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ABCs of purchasing insurance **in Mexico by Marinas Insurance**

Part 1 of an article on Insurance in Mexico. Originally printed in the Guadalajara Reporter Also you can visit our blog at [MARINERS INSURANCE MEXICO BLOG](#) Friday, August 12 2011 GR Staff

One of the biggest worries foreigners have regarding insurance in Mexico is not being able to understand all the details when making a claim – largely because of the language barrier. That's the view of Roberto Castellanos of Mariner's Insurance Mexico, who recently gave a presentation on the differences between Mexican and U.S. insurance at the Lake Chapala Society.

While the insurance process is more complicated in the United States, because of greater legal technicalities, Castellanos says the paperwork involved in making a claim in Mexico is often not so simple because "one needs to prove many things and show more documents."

"Nonetheless, if you're working with major companies in Mexico, you can be guaranteed the same reliability as

in the U.S. and Canada," he adds in fluent English.

One advantage of buying insurance in Mexico, Castellanos says, is that many policies are often less expensive: "Health insurance can be 50 to 60 percent cheaper and auto insurance 20 percent." If you're in an auto accident in Mexico, the insurance follow-up not quite the same as north-of-the-border, Castellanos told a good-sized audience in Chapala last month.

In the United States and Canada, the common law is based on the British code: innocent until proven guilty. And your policy insures the driver and the vehicle. States and provinces handle the insurance regulations.

In Mexico, the Napoleonic Code is in play: guilty until proven innocent. In Mexico adjusters and traffic cops go to the scene of the accident. If no resolution is forthcoming between the parties, both may be detained

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in the case of injury or damage to public property. It is the vehicle, not the driver which is insured here – so make sure if you drive someone else's car it's insured.

But fear not. In the event of your being arrested, the adjuster will post your bail bond and, if legal action is needed, a lawyer is included in the policy and hired by the insurance company.

Under Mexican law, your insurance company must be registered in Mexico for your policy to be valid.

Under state laws you are required to have liability insurance on your auto if you live in Jalisco, Nuevo Leon or Mexico City but you are legally responsible for any damage to person or property anywhere in the nation.

This means that if a Nayarit-plated car is driven in Jalisco, it must have insurance, Castellanos stresses.

If any of the above applies to you, but the thought of trying to figure out an insurance policy in Spanish leaves you cold, then read on.

Autos: There are three types of auto insurance: Resident Auto (Mexican license plates); Fronterizo (Border Zone: 25 miles inside the border, all of Baja California and Sonora as far as San Carlos); and Tourist Auto (drivers must carry a license from the plated country and an FM-2 or FM-3 visa).

When looking at a Mexican auto insurance policy there are generally two pages. The first page includes the details of the person or company paying for the insurance and the covered vehicle, as well as the coverage dates and the policy number. The second page specifies the type of coverage included (cobertura amparada) and the sum it is insured for (suma asegurada) for each type, the deductible and the prima, or cost of the insurance coverage.

Some of the options available include: market value for new brand models, an agreed value offered by some companies, a GPS tracking device installed – non-deductible for theft, insured liability extension: driving other autos – no rentals and zero deductible.



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United States Consulate General Guadalajara

Message for U.S. Citizens:

Overseas Voting and the 2012 U.S. Presidential Elections

Date: October 20, 2011

The 2012 United States Presidential Election Season is almost upon us. It's time to start thinking now about registering to vote for 2012. Normally, each overseas voter should re-register in January for the entire year. However, overseas voters from the below three states should submit a Federal Post Card Application (FPCA) now to ensure they have the opportunity to vote in the upcoming early Presidential Primary Elections:

* New Hampshire: primary date TBD* (At this time, New Hampshire has not determined its Presidential Primary date).

* South Carolina: primary date January 21, 2012

* Florida: primary date January 31, 2012

Please visit <http://www.fvap.gov> to get started, the process only takes a few minutes.

Many states allow you to vote only in the year your ballot request (Federal Post Card Application "FPCA") is received (which is why we advise re-registering in January of each year), but due to the early primary dates, these three states have made an exception. These states allow you to submit your FPCA now in 2011 so that you receive your state ballot and return it in time to be counted for these primaries.

However, to ensure you are eligible to vote in the other 2012 elections, including the General Presidential election, you must submit an FPCA AGAIN in January of 2012. Voters from other early primary states should submit their 2012 FPCA early in January to ensure they will be able to vote in their states primaries.

Please see the Guadalajara consulate website voting page for more information:

<http://guadalajara.usconsulate.gov/service/other-citizen-services/voting-information.html>

The U.S. Consular Agency in Puerto Vallarta is located at Paseo de los Cocoteros #85; Sur Paradise Plaza, Interior Local L-7, Nuevo Vallarta, Nayarit, C.P. 63732. The U.S. Consular Agency in Puerto Vallarta's telephone numbers are 011 52 322 222 0069 & 011 52 322 223 3301; the fax number is 011 52 322 223 0074. For after-hours emergencies, please call 011 52 33 3268 2145.

The U.S. Consulate General in Guadalajara is located at 175 Progreso Street, Col. Americana, Guadalajara, Jalisco, Mexico. The U.S. Consulate General in Guadalajara's telephone number is 011 52 33 3268 2100; the fax number is 011 52 33 3825 1951. For after-hours emergencies, please call 011 52 33 3268 2145.

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<http://guadalajara.usconsulate.gov/>

The Consulate office hours are Monday through Friday from 08:00 a.m. to 04:30 p.m. (except for Mexican and U.S. holidays).

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American Citizenship Services - PASSPORTS ONLY: 8:00 am to 11:30 am

Special Consular Services: 8:00 am to 4:00 pm

Notarials: Monday to Thursday 2:00 pm to 3:00 pm

Note: The Consular Section is closed to the public on the second and fourth Wednesdays of every month for in-service training in addition to the above mentioned closures for [U.S. and Mexican holidays](#). In case of emergency, you can contact 33-3268-2145 and the on-call officer will be located.

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TOO HOT TO COOK

Try these Shrimp Tacos

Adapted from About.com Busy cooks

These can be serve cold or hot. Warm tortillas for a few seconds on each side over a grill, or a pan and shape.

Ingredients:

- 1-1/2 cups sour cream (Crema Acido)
- 2 cucumbers, peeled, seeded, and chopped (Pepino)
- 2 Tbsp. chili powder
- 1 Red onion, chopped (Cebolla roja)
- 1 Red pepper, chopped (Pimiento Rojo)
- 2 Avocados, peeled and chopped (Aguacate)
- 1 Tbsp. fresh lemon juice
- 1 ½ kg or 1lb. cooked medium shrimp (Camarones) shelled & deveined
- 12 tortillas
heat gently in pan and form shell
- Lettuce Torn
- 1 cup chunky salsa freshly made or jarred
- 1 cup cheese(Queso - Gouda or Manchego) grated

Preparation:

Cold Recipe

In small bowl, mix sour cream, cucumber, half of the chili powder, onion, avocados, red pepper, and lemon juice. In small bowl, toss remaining chili powder with the shrimp then add to sour cream mixture. Layer in tortilla shells using shrimp mixture, lettuce, salsa, top with cheese.

Hot recipe,

Mix the sour cream mixture except red onion and red pepper. In a pan heat 1 tablespoon olive oil; add onion and bell pepper and cook until tender. Add shrimp; cook until heated; sprinkle with remaining chili powder and lemon juice. Combine the hot shrimp mixture with sour cream mixture, and top with lettuce, salsa and cheese.

Serves 12



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