

Manzanillo

April 2012

SUN

Manzanillo's Lifestyles E-Magazine

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Carnaval Street Vendors
by Allan Yanitski

Fish Life of Manzanillo

By Terry Sovil

Sharpnose Puffer

Tiny whitish spots cover the body of this inquisitive little fish. It is similar to the Honeycomb Puffer which has markings around the eye. This fish has a pronounced pointed snout. They come from the family of Smooth Puffers. They range in depths from 10 to 70 feet (3 to 21 M). Covered with whitish spots often tinted yellowish to bluish; head and body reddish brown to gray and greenish gray. There are no spots on their fins. The pectoral, dorsal and anal fins are translucent. This delightful little fish is abundant to common southern Gulf of California and Pacific Coast of mainland Mexico to Panama. They are generally solitary, seen often in pairs here in Manzanillo and occasionally forms loose groups. They tend to lurk in shaded, protective recesses in rocky reefs, boulder-strewn slopes and walls. They are curious and unafraid; often allowing a slow, non-threatening approach. Their size is 2 to 3 ½ inches (5cm to 8 1/4cm with a maximum of 4 inches (10 cm).



Stone Scorpionfish

The Stone Scorpionfish, like its relatives, blend extremely well into their environment and can be very difficult to spot. They range from the Gulf of California and Pacific Coast of Baja to Panama. They are solitary and inhabit sand and algae bottoms; also rocky, boulder/gravel-strewn slopes and wall ledges. They tend to remain still, relying on camouflage when divers approach. They are also known as the "Pacific Spotted Scorpionfish". They are from the family of Scorpaenidae. They feature numerous large barbells under their mouth. This fish has a very heavy, stout head and body, often with numerous skin flaps. They display mottled with blotches in earth tones but can be pale, darken or change color to blend with the background. They range in size from 8 to 14 inches (20cm to 35 cm with a maximum size of 18 inches (45 cm). A scorpion fish sting causes intense pain and swelling at the site of the sting. Swelling can spread and an allergic reaction is possible.



Threebanded Butterflyfish

The Threebanded Butterflyfish ranges in depths from 10-100' (3M – 30M). They live in rocky, boulder strewn areas, often in pairs or schools. They tend to ignore divers but will move away if approached. The best way to observe them is to wait quietly along their approach path or move very slowly toward them. If they are in schools swim parallel to the school. Members of the Butterflyfish family they are silver-gray with a black border on their rear dorsal and anal fins. This fish grows from 3-4 inches (7.5 – 10 cm) with a maximum of 6 inches (15cm).



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Tiger Snake Eel



The Tiger Snake Eel is frequently described to me as a “sea snake” and it does have the general appearance and movements of a snake. It is an eel. They are frequent in the Manzanillo area and range from the Gulf of California and southern Pacific Coast of Baja to Panama. This eel inhabits sand flats and rocky areas with boulders and gravel rubble. The can bury themselves in the sand and move beneath the surface. It can be very wary around divers. It will sometimes allow a close approach. The Tiger Snake Eel is from the family of Snake Eels. They feature tan, often with whitish, reddish or grayish tinting; and the border of their dorsal fins are dusky. They have small pectoral fins. They range in size from 8-15 inches (20-37.5cm) with a maximum of 29 inches (72.5 cm).



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Stand-Up Paddle boarding Terry Sovil

SUP? Stand up paddle boarding (SUP)! This fast growing sport has made the scene, again, and it is gathering people wanting to try! There are some elements of Hawaiian history in the sport. It started as a type of surfing allowing an instructor to better see his class and any large waves coming in. Surfers enjoy the opportunity to catch more waves in a set. Riding them on the rivers is gaining popularity because of the skill required to move those boards down river and through rapids.

The boards tend to be long, nine feet (3 m) or more and have one or more fins or skegs on the bottom rear, like surfboards, to help maintain tracking and steering a straight course. They are longer and wider than typical surfboards which allow you to balance and propel yourself with ease. It is a fun and easy way to go play on the water. You can paddle on the open ocean, lakes and rivers. No waves required! The modern boards are light enough to carry down the beach by one person.

In addition to the fun aspect, paddle boarding provides a full body workout. It is popular with skiers who use it as a cross-training exercise as well as with snowboarders and other athletes. Since you can stand you also get great views of sea creatures, activity around you and what's on the horizon. It is close to walking on the water! No experience is required; you can embrace the sport on your own or seek out instruction to help you get started. The new water sport!



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FAMILY SUNDAYS IN LAS BRISAS

If you haven't been to Las Brisas on a recent Sunday morning, you have missed an enjoyable time. Since February 19th, the main portion of Lazaro Cardenas, has been closed to vehicle traffic from 8:00 a.m. until 1:00 p.m. and open to pedestrians (walking and running), bicycles, in-line skating; skate boarding, and dog walking all the way from the sailboat circle to the Navy Base. This is a distance of about two kilometers.

Cars are routed on the laterals and there is plenty of parking. Music can be heard at various points along the street.

Activities abound – boxing and volleyball for the kids; people painting garbage cans with various designs to keep Manzanillo green and clean; the Book Mobile (yes, Manzanillo has a Biblioteca Movil) has been parked about the middle of the way for at least three weeks; information on various groups can be found at different tables.

The activities can change weekly and some seem to be permanent. One can also eat or just sit at a restaurant along the way and watch “the world go by”. No one seems to know exactly how long the Family Sundays will continue. The first report was eight weeks which means the event will end on Easter Sunday. Another report was the Family Sundays will be permanent.



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CARNAVAL

By: Suzanne A. Marshall



Carnaval (carnival in English), is a week- long fiesta that takes place in some Catholic Latin American countries leading up to the period of Lent before the celebration of Easter. As most Catholics interpret, Lent is a period of sacrifice and renewal of faith. This usually involves giving up some sort of pleasure (such as sweets, alcohol or certain foods) as a reminder of the sacrifices that Christ made on behalf of mankind before the crucifixion and resurrection.

Of course many people see this as an occasion to enjoy oneself before the sacrifices begin. And so there is 'Carnaval' filled with entertainment, joy, exuberance, food, music, dancing, parties, costumes and a grand parade.

I remember some of our local Mexican friends talking about the Carnaval last year, and asking us if we were going to the big parade. Being guests in their beautiful city and country we are not yet well absorbed into the Spanish customs, language and extended media. So without actively reading and listening to what was going on around us regrettably, we didn't make it to the parade. But living close to the main Boulevard and much to our surprise, we heard the parade approaching and passing by for about 2 hours. We swore we wouldn't miss it the following year!!

Hello Carnaval 2012! This time having viewed pamphlets of the weeks' events and making ourselves much more aware of the celebrations from February 25th to March 4th we headed down to El Centro on our faithful bus route one evening to

check out the action. And action there was. Thousands of families and of course big-eyed children caught up in the Carnaval atmosphere. This particular night was the crowning of the Carnaval princesses all 'decked out' in the most beautiful dresses and tiaras. This all took place with much fanfare on a big colorful stage complete with a master of ceremonies, loud music and crowd chaos. You couldn't help but move to the groove and get involved!

Surrounding the staging area we found many wonderful sights. The water fountains were in full action mode and beyond, a mid-way was in full swing with rides for the teeny tots and numerous games of chance. We found it just as much fun to watch as the doting parents did. And of course the food abounded. For me, nothing smells as good as Mexican food cooking on outdoor grills and wafting around in the air. It is nearly impossible to diet in Mexico let me tell you!



Vow it's Friday night of Carnaval week and we anticipate the big parade. We headed over to the main boulevard to get a good spot as the crowds gathered, music blared from the sidelines and people literally danced to some fun Latin line-dance (including small children who knew the steps too) and the anticipation crackled in the air.

Almost as much fun were the parade vendors. These people in my opinion are pretty gifted and strong as they balance tall poles reaching metres above their heads of candied apples, cotton candy, balloons, face masks and push carts with toys, candies, nuts and assorted pastries. Oh what a party. And the

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parade had not even begun yet. As the sun set and darkness took over, there was a sea of glowing face masks, hair ornaments and high-flying toss toys that were spinning regularly in the air.

Finally the parade approaches. Music booms from passing floats and troupes of marchers dance to Latin rhythms looking resplendent in colorful, sparkling costumes. The parade we are told, began in the Miramar beach area and followed the main boulevard all of the way to Las Brisas. I'm pretty sure there were a few sore feet and aching muscles from walking, dancing and waving to the cheering crowds. I have never enjoyed a parade so much and I have attended many in my lifetime. I truly believe it's the enthusiasm and spirit of the crowds as well as the parade itself that made such a difference. You feel so much more a part of it than an observer.



Our only regret would be not being properly prepared for night-time photography. Next year will be an entirely different situation.

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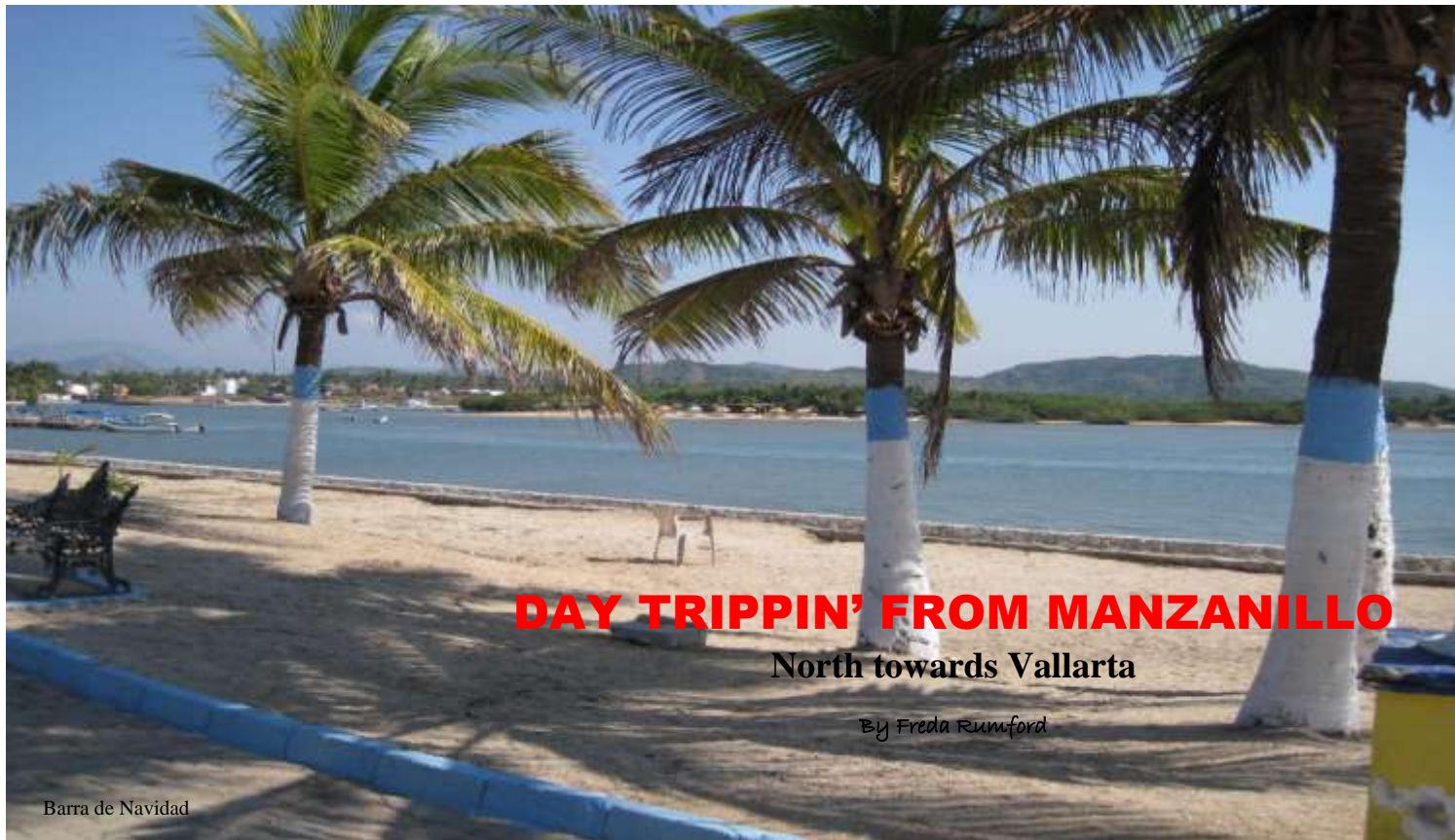
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DAY TRIPPIN' FROM MANZANILLO

North towards Vallarta

By Freda Rumpf

Barra de Navidad

Where do you go, and what do you do, when there are only so many days in which to see so many of the things in and around this little town that has “nothing to do?”

People visiting Manzanillo for several months at a time are always astonished when all of a sudden the final week looms and they haven't done all the things on their “Manzanillo bucket list,” so, imagine the quandary of hosts, showing first time visitors around town. This is ‘Absolutely Not a Tourist Town!’ Yes, there are a few things such as Tiangis (markets), Turtle farms, El Centro (downtown), a couple of small malls which offer; swimwear (at a horrific price), silver merchants, souvenir shops, and the like, but nothing of that ilk really gives the visitor their own pleasure. It is fun to pore over items to take back to the unfortunate family and friends unable to holiday at the same time, but is all of that present buying really what the holiday should be all about?

My grand daughter spent days puzzling over the gift thing, when she should have been swimming and sunbathing and having fun. We have to get our holiday priorities straight!!

So – where to start?

My own feeling is that certain places surrounding us should be mandatory for all visitors. A trip to Melaque for breakfast at “Roosters” is one. Although this is not a “Mexican” place and experience, it is full of down home cooking, good companionship and has great hosts. Here, surprisingly one could possibly meet their next door neighbour. This is one place which should be a “must do” on every list. Although for some reason, Sunday is often the chosen day to go to Melaque. Should a Wednesday be more suitable, then the Tiangis market could come after breakfast, followed by either a tour of Barra de Navid or onwards to La Manzanilla. Both of the latter towns could also take an entire day and merit a trip on their own.

In fact, Barra de Navidad is a good Saturday place if after a morning of shopping and wave watching, the afternoon is spent at the Cadillac ranch, which is on the road into town, for a beer or two, a hamburger and listening to the “Red Necked Mothers”. Barra de Navidad is totally different to Melaque in style, structure, and ambiance, although just at the other end of the large bay. It is a good



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walk on the beach from Melaque around the bay but quite a punishing one as the sand is soft and often very hot on the feet. If without a car, it is a short and inexpensive bus or taxi ride. There are dozens of restaurants in this small town, many offering basic Mexican home cooking and others with incredible fish dishes on the menu.

Should you have visited Barra de Navidad several times and are feeling just a little jaded about the town, catch a water taxi and go to Colimilla just past the exquisite Grand Bay yacht harbour. This is a treat in itself. Colimilla can be reached by land, following the Isla de Navidad signs from Cihuatlan. Isla de Navidad boasts a top world class golf course with 28 holes. Guests to the Barcelo's Karmina Palace can register for a game of golf here quite easily as can other avid golfers in Manzanillo.

La Manzanillo is a sleepy 'Ejido' town, which is rapidly finding favour with artists from all over North America. Many who have spent considerable time in the university city of San Miguel Allende have changed their address to La Manzanillo in recent years. One of the biggest claim to fame is the 'Caiman crocodile' enclosure along the coast. The enclosure seems little more than a chicken wire fence to keep the beasts confined or perhaps the visitors out, but often they can be seen strolling the streets. As the locals ensure the crocodiles are well fed there has been no report of any argument between reptile and human and no mention of who would like to be the first! La Manzanilla also has first class restaurants such as Jolanda's and Martin's plus many of the ramada type fish houses on the beach. It also has a world class art gallery, "Galleria la Manzanilla" which features many internationally known Mexican artists from time to time.

Further along this road to Puerta Vallarta are Boca de Iguanas, then the Golf course and Hotel of Tamarindo. Here it is only possible to visit if you have a tee time or a hotel reservation. The Blue Bay Village is an all inclusive Beach Hotel resort that also has day passes. Careyes, besides being an extremely exclusive resort hotel, has a world class polo club and welcomes visitors. Check their website for dates and times of play: www.careyes.com

Next month - we go east to Colima and Comala



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Real Mexico

By Terry Sovil

This article addresses more facts about the Real Mexico; a great place to live, work and visit. The focus of this article is on Agriculture and Food Industry and the Medical Industry. The benefits to Mexico and people that live and visit here is the growth of a middle class and an increase in the educational level of the people here.

Agriculture and Food

The Mexican food industry consists of two main areas: 1) fresh food and processed foods and 2) beverages and tobacco.

Mexico can boast of the following accomplishments on a global level:

- 12th largest producer and exporter
- Main exporter and grower of avocados
- Main exporter and grower of lemons
- Main grower and exporter of papaya, squash, raspberries, blackberries, mulberries, watermelons and cantaloupe melons
- Leading exporter and grower of organic coffee, processed bell peppers and agave syrup
- Second largest exporter/grower of onions, chickpeas and tomatoes
- Third leading exporter/grower of cucumbers
- Fourth largest producer of chickens
- Fourth main exporter of concentrated strawberry, mango, guava and orange

- Fifth leading producer and exporter of beans
- Fifth main producer and second largest exports of beer
- Fifth leading exporter of cauliflower, shrimp and honey
- Sixth leading exporter of citrus fruit

Organic production

Mexico is the world's top producer of organic coffee. Land area for growing certified organic produce rose from 86,000 hectares in 2000 to over 400,000 hectares in 2007 (1 hectare=10,000 SquareM or 2.5 acres). Exports of organic produce were over 400 million dollars in 2007. In addition to coffee, Mexico also exports organic honey, vegetables, cocoa and tropical fruits.

Strengths of the Agriculture and Food Industry

Safety and healthiness

Mexico has adopted processes and invested in technologies that reduce the risk of contamination. Strict adherence and adoption of standard requirements (such HACCP - Hazard Analysis and Critical Control Points) help to assure the safety of meat and processed products.

Qualified workforce

Mexico has more than 750,000 trained engineers. There are over 30 universities that offer undergraduate and advanced degrees in Agronomy, Food Engineering and Food Chemistry.

Universities and industry collaborate to assure new technologies are used in the production chain.

Biotechnology

Mexico is a global leader in crops with genetic improvement and has outstanding biotechnology research collaboration.

Point of Origin

Products with a protected point of origin (protected geographical status) are considered to be superior due to their unique characteristics based on its point of origin. This is becoming an increasingly important concern in food production.



Zotol- Chihuahua

Mexico has eleven such areas that include products such as: **tequila** from Tequila; **vanilla** from Papantia region; **bacanora** – an alcoholic beverage from Sonora; **coffee** from Chiapas; **coffee** from Veracruz; **charanda** - an alcoholic beverage from Michoacan; **habanero chili peppers** from the Yucatan peninsula; **ataulfo mango** from the Soconusco region of Chiapas; **mescal** - another alcoholic beverage; **zotol** – an alcoholic beverage from the



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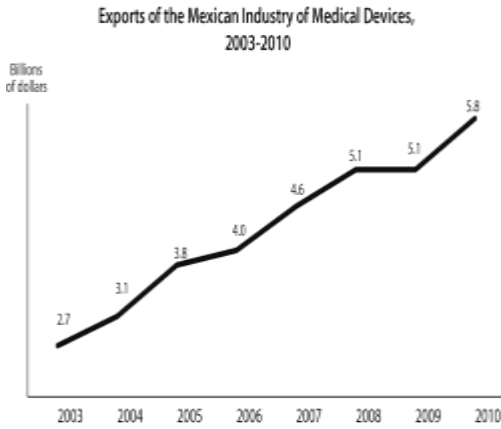




state of Chihuahua and **tehuacan** - an alcohol-free beverage from state of Puebla.

The Medical Device Industry

Mexico exported close to six billion dollars in medical devices in 2010 according to Global Trade Atlas. This gives Mexico a rank of 11th globally. During 2010 Mexico also enjoyed a three billion dollar surplus in industry trade balance. Exports increased at a compound annual growth rate of 11.4% from 2003 to 2010. Exports to the U.S.A. reached 5.4 billion dollars in 2010. Mexico is the leading exporter in Latin America. The main product mix is x-ray devices, dental instruments, medical and surgical instruments and orthopedic devices.



Source: ProMéxico with Global Trade Atlas data, 2011.

Companies Established in Mexico

The main states involved in medical device manufacturing are Baja California, Federal District of Mexico City, Jalisco, State of Mexico, Chihuahua, Sonora, Nuevo León, Morelos and Tamaulipas. More than 2000 companies, 400 are exporters, engage in manufacture and/or assembly of medical devices.

Foreign Investment in the Industry

Mexico's medical device industry brought in over 927 million dollars in

foreign direct investment between 1999 and 2010. Main countries investing include the United States, Switzerland, Germany and The Netherlands.

Strengths of Medical Devices Industry

Human Capital

More than 790 thousand higher-education students are enrolled in engineering and technology programs. In addition, 90 thousand students graduate from those programs every year.

Competitive Costs.

KPMG's (global network of firms for Audit, Advisory and Tax services) "Competitive Alternatives 2010" study shows that Mexico offers 20% savings in manufacturing costs for medical devices, compared to the U.S. and eight other industry-leading countries. Furthermore, Mexico offers the lowest manufacturing costs for plastics, metal components and precision manufacturing.



Bacanora- an Agave spirit



Zotal in flower





You want what?

Cheryl Weaver

OK, so you've rattled around Manzanillo from this colonia to that looking for stuff on your "You can't find that in Manzanillo" list for the last three hours without luck. What is more work, finding a parking spot in El Centro or taking the bus and walking you don't know where? or do you throw financial caution to the wind and tell the taxi driver to take you to the nearest _____, screw the cost, because you are tired and sweaty and need to cross SOMETHING off that damn list! THEN you will deserve to treat yourself to that HUGE Margarita your favorite little restaurant serves and a leisurely lunch to boot.

But for right now, the list looms with the clock ticking and the tummy beginning to growl. The heat has gotten to you and air conditioning sounds a long ways away. You decide to satisfy that first and drop by "Cabo Grill" - where the A/C hugs you like a lovely hostess and the ambiance is like stepping into a California bistro experience. From the designer drink menu to the surprise "try it, please, no-charge, we're gathering opinions" broth that was served like a warm drink, this place is different from most. Servers were uniformed and pros - good service - not stifling but there when you needed them.

The menu was a little confusing - no prices on the English version - just on the Spanish one! Reason being, I suppose, most Americans and Canadians would consider the prices on the low side while the Mexicans think of it on the high side. Anyway, I was pleasantly surprised with the cost of lunch including two (be it short-pour) good California Chardonnay glasses of wine. The menu was entirely fish - even the children's menu, and the quesadillas, and enchiladas. But absolutely outstanding and delicious.

You are overwhelmed with the same feeling as when you enter Liverpool Dept. Store in Colima for the first time and walk the mall. If you're getting homesick, give it a try.

Back to that list. How about a Manzanillo store called "We Got It!" that would stock all the non-food essentials we load friends down with when they visit from the states:-

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(matching towel set), Advil PM, Real Perfume

There would also be an *all-in-one* Cyber cafe/copies/fax/printer/telephone/money exchange, pay-your-bills, Postal Connection services, stationery supply book store. And a Starbucks-like bistro like a Botanas restaurant but pastries would be included with your Mexican gourmet coffee. And there would be a consignment section with gently used items for sale - no clothing though.

Oh yeah, and right next door would be a mani/pedi salon that includes wine with their services and down the street a Waldo's like it used to be - stocked!!!

Hey, what's up with *that*??

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A Thick Fuzzy Gray Line

By Kirby Vickery

"How old are you?" She asked one evening while we were standing in a line waiting to purchase our tickets to a movie.

The question opened a variety of avenues from which I could pick from and then travel. I could get smart, or cute, or just be snide. I could ignore the question or I could smile and hold up some fingers, stomp my little hooper foot, or just answer the question before I forgot what it was. She knew better than I did how old I am because I don't really care that much to try to remember. Besides that, we have a bunch of people that tell us every year anyway, our children, their children, and those with whom we work, and play. All these people delight in repeating our new age every year while we cringe while wishing for a pistol or a dull knife to put a sudden stop to all that drivel. Discretion being the better part of valor, I figured I'd best answer the question with complete honesty.

"Well, this week I'm either 55 or 66." I answered, completely dead pan. "Why do you ask?" ... as if I didn't know.

"At this theater, if you're fifty-six, you get the SENIOR DISCOUNT." She said with a great flourish of her arms which added depth, drama and much feeling. "At fifty-five you don't," came unbidden with a forefinger held up in admonishment.

"How much is the discount?" I asked loudly making sure the people around us wouldn't have to bend over very far to find out where this conversation was going.

"We get ten percent off at this theater. At the Ajax, the SENIOR DISCOUNT is fifteen percent." She answered equally loud, to the smiles of those around us.

"Wow!" I exclaimed while remembering that this is one of the theaters I don't like to go to in the first place, and this SENIOR DISCOUNT is one of the reasons why. "That's really great! Shoot, I ought to buy two tickets and get a double savings of a whole seventy cents just for me." She really had no idea what the

discount was at the other theater, but was hoping someone inside the booth would hear and up the anti. It's a game we play and sometimes it works; not often, but sometimes. When we first got married she wouldn't even participate. So I've corrupted her. But, that's what she gets for taking me to these movie theaters that condescendingly degrade the *growing older* set.

Now that I'm on the cusp of old age, I've discovered that growing older is not as easy as it appears. Problems develop on all sorts of different levels which are always unexpected. Different people identify different parts of a person that start to unravel first. Some say that it's the mind. Bill Cosby poked a lot of fun at the befuddlement of his mind as he turned fifty in one of his books but most believe it's in the physical parts. Phyllis Diller lamented that there are some tell-tale physical signs of advancing age: "Friends talk louder to you." "You get winded gumming a mint." and "You are

suddenly receiving more 'get well' cards than junk mail". My hero's in life are stand-up comedians because theirs' is the only group that is blatantly honest when speaking publicly. I suppose that I will have to contend with a failing body, figuring out the requirements for my retirement income (should I live that long), a failing mind (Wut?), and a slightly growing negative attitude for those who aren't or don't have too. Gasp!

For me, now that I have more memories than time remaining to create new ones, things seem to crowd up on me. It feels almost as if I'm not going to be around long enough to do all that I want to do. A modern philosopher, Nancy S. Jecker, states: "There are three boxes of life (Education, work, and retirement)". This statement echoes that of Euripides: "Whoso [sic] neglects learning in his youth loses the past and is dead for the future". There are issues of life that are encountered while it runs. Issues dealing with the quality of life become paramount especially in America where we preach our freedom to ourselves and all the other peoples of the world (That's something else I've noticed as I've grown older: Most Anglos are proud, arrogant and very loud about it). Love, health, peace of mind, and the basic enjoyments of life are all just as important as the means by which people use to obtain them. So is respect.

Our governing society thinks they are finally getting a handle on health benefits for the old (*Ahem: Aging*). Sadly, it depends on your government and who's running it. They (and you never know who *they* really are) are providing the basic enjoyments of life to us *older growing* types in the form of parks, old age centers, government lobbyist, modeling clay, art and weaving studio's social clubs, nursing homes, adequate numbers of boy scouts to help us get

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LOVE doesnt make the world go round
but it make the ride WORTHWHILE

Franklin P. Jones



across busy streets even though we may have been standing on the street corner looking for the keys to the car that we had dropped, etc.

"Oh look, Marge! A couple of *gray hairs* (or blue depending on the speaking generation) are taking advantage of their discount. Isn't that cute?"
AAARRRgghh!!

My mother is 88, and looks like what we would call an elderly person. She is as

sharp as a tack. She told me that her IQ went down several points with each gray hair she sprouted and with each line she developed on her face. Having been a real estate broker specializing in commercial properties in four states she can still calculate a mortgage and closing costs faster than most computers. She told me she just wanted to scream when her real estate agent started explaining to her what a mortgage was when she recently moved into her new condo

(It wasn't in Manzanillo). That's tantamount to saying that a beautiful young lady loses intelligence every time she takes her glasses off. (I wonder if that's really true.)

In this aspect, we, the *growing older* set loose our individualism as we meld into a gray and wrinkled homogenous soup. I've decided the cure for old age is a lot of Botox, a hair coloring job and a double dose of pain meds after your pabulum. Hmmmmm!



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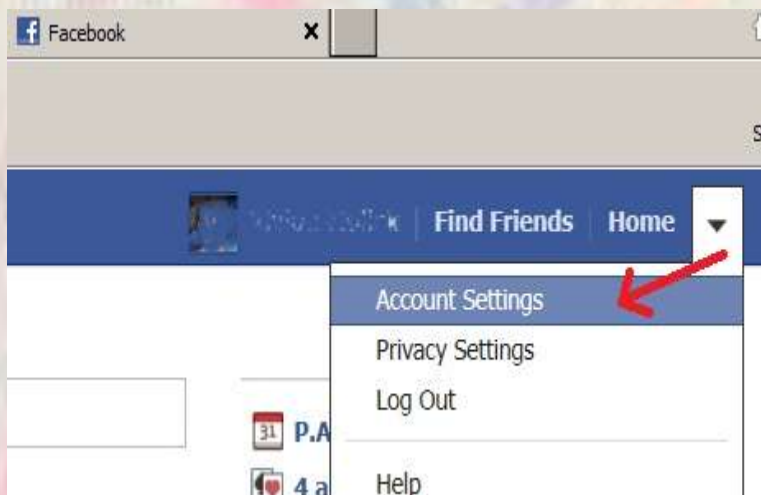

OFFICE BYTES

Secure Browsing on Facebook

by Vivian Molick

Have you ever noticed that when you use the internet on any secured website, it has 'https' in the web address bar? You should see it when you do online banking, sites where you might purchase something, etc... if not, don't do business with that website because it isn't secure (that's what the 's' stands for in the 'https'). Well, did you know that you can also use Facebook on a secure connection? By default, Facebook is NOT set for secure browsing. With so many viruses out there in cyber-space, you can never be too careful.

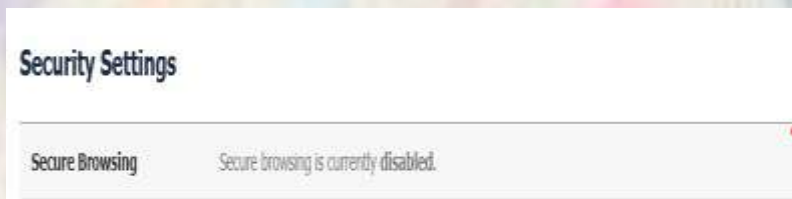
The first thing you need to do is log into your Facebook account. Look over to the far top-right side of your screen and click on the down arrow next to **Home** and then on **Account Settings**.



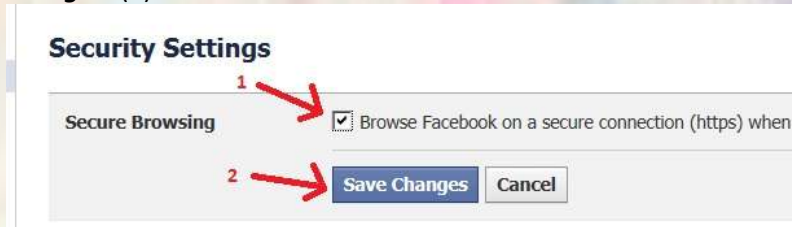
After you have clicked on the Account Settings, you will see the following information on the far top-left side of your screen, click on **Security**.



In the **Security Settings** window you will see the following information... click on **Edit**.



When the next '**Security Settings**' window opens, click in the square box (1) next to '**Browse Facebook on a secure connection (https) when possible**' and then click on '**Save Changes**' (2).



Now, the '**Security Settings**' for '**Secure Browsing**' will state '**secure browsing is currently enabled**'.



The address in the web address bar should now have an 's' after the 'http' and there should be a little gold 'lock' showing next to the web address.



You will now be browsing in Facebook with a secure connection that insures your safety as you browse status updates, pictures, etc.

****Note:**

There is one drawback for those of you that use Facebook to play games or go into other areas, like the calendars, family tree, etc. You will not be able to use those items on the secure setting. It's your choice. But for me, I choose security!



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Things that make you go "Hmmm"

Authors unknown

1. Why do banks charge you a "non-sufficient funds" fee on money they already know you don't have?
2. How do a fool and his money get together?
3. Why does Hawaii have interstate highways?
4. If the pen is mightier than the sword, and a picture is worth a thousand words, how dangerous is a fax
5. If the police arrest a mime, do they tell him he has the right to remain silent?
6. What hair color do they put on the driver's licenses of bald men?
7. What was the best thing before sliced bread?
8. Why do they put Braille on the drive through bank machines?
9. What are Preparation A through Preparation G?
10. In a country of free speech, why are there phone bills?
11. How come there aren't B batteries?
12. If the post office has machines that can sort snail mail at 1000's of times per minute, then why do they give it to a little old man on a bike to deliver?
13. How do "Do not walk on the grass" signs get there?
14. How is it possible to have a civil war?
15. If all the world is a stage, where is the audience sitting?
16. If love is blind, why is lingerie so popular?
17. If the #2 pencil is so popular, why is it still #2?

18-30 next issue.

Thought of the day!!

**What if the HOKEY POKEY
 IS
 what it's all about?**



Young lady on the beach runs up to the nearest Tourist Policia, "Help me, Help me...I've been raped!!" she screams. The constable replies "Don't you mean raped?"
 "NO! There was a bunch of 'em"

SUN PLAY ON WORDS!!

- A man's home is his castle, in a manor of speaking.
- Dijon vu - the same mustard as before.
- Practice safe eating - always use condiments.
- Shotgun wedding - A case of wife or death.
- A hangover is the wrath of grapes.
- Dancing cheek-to-cheek is really a form of floor play.
- What's the definition of a will? (It's a dead give away.)
- Time flies like an arrow. Fruit flies like a banana.
- In democracy your vote counts. In feudalism your count votes.
- She was engaged to a boyfriend with a wooden leg but broke it off.
- A chicken crossing the road is poultry in motion.



Broom from pop bottles



Wasp trap



Pop bottles filled with water give light to corrugated steel roof-no electricity

News from Ministry of Tourism



In Manzanillo, Colima-the Secretary of Tourism for the Government of the State, Fernando Morán, confirmed that for the coming holiday period of Holy week and Easter, one of the most important calendar, there will be more than 80 lifeguards to guard the beaches of the three municipalities of the coast: Armeria, Tecomán, Manzanillo.

He stated that the Tourism Ministry now has 17 lifeguards responsible for both protection and the rescue of swimmers who enjoy the miles of beach of Colima. These personnel are highly trained to respond to extreme situations.

Fernando Morán said that all staff hired must have a high degree of qualifications, to be responsible for the safety of persons using the beach and in all contingency situations. The Commission stated that the lifeguards recruited for Holy week and Easter, will required to give full attention to their duties and all visitors safety.

The beaches of Manzanillo that will have full time guard coverage during the important holiday weeks include: Miramar, Olas Altas, Santiago, Salahua, Las Brisas, El Edén, El Tapo and San Pedrito.

Secretaría De Turismo Colima

The Calendar of cruise ships and International Charter air travellers to Manzanillo for the winter season of 2012 comes to a a conclusion for the winter season around the end of March. The several cruise lines visiting this year have aided in the economic growth of Manzanillo.

The Secretary of Tourism for the Government of the State, on April 3, announced that the last cruise ship to arrive in Manzanillo, will be the gigantic "Carnival Spirit", with more than 2,500 passengers aboard. The ships of all lines will then reposition for the summer routings.



The administrator for the International Airport "Playa de Oro", Enrique Peña, indicated that the high season of "charter" flights and cities of United States and Canada from domestic operations, also concludes with the month of March. During the season, it was reported, that Manzanillo Playa D'Oro airport had an influx of almost 15 thousand passengers.

He said that in the month of February alone there were 6 thousand passengers from United States and Canada.

Aeromexico announces flights to Manzanillo

Andrés Conesa, director general of Aeromexico group, announced during the presentation of the new 787 "Dreamliner" plane, which will join its fleet in 2013, that Aeroméxico will be expanding its service with the commencement of three more domestic routes, in addition to three new international routes.

Saltillo, Manzanillo and Chetumal will be the new domestic destinations of Aero México.

With the additional new routes, Aeroméxico estimated it will make 187 thousand national round trips in 2012, an increase from the 167 thousand

operations in 2011 and 155 thousand in 2010. Atlanta, Washington and San Salvador will become part of the international airline itinerary, before the end of this summer.

Thus, international operations will be 35 billion in 2011 to 40,000 this year 2012, due to the increase of international travel from the Mexico City to Barcelona, San Jose and New York.

"In addition, there will be new connections from Cancun to New York, San José, Bogotá and Caracas this year", says Conesa. "For the captain of Aeroméxico, this is the best aircraft in its class in any airport in the world."

"Six years ago the company ordered the



purchase of two models Dreamliner 787, each one valued at \$ 193 million, and the leasing of five, requiring an outlay of more than one million dollars a month per unit", reported Van Rex, Vice President of sales for Boeing Latin America, Africa and Caribbean.

Aeromexico will be the first airline in Latin America to operate the Dreamliner next year, with what is expected to be an expansion of this airline.

Three units of this type, two in 2014 and two more in 2015 will be incorporated into the fleet by 2013.

Boeing 787 models cover the routes of Chile Santiago, Buenos Aires, Narita, Paris and Barcelona

All news was reported via Secretaria de Colima Facebook site.



The Retired Rider

Arthur S. Webb



Years of trying not to think about having to put my motorcycle away for the winter are far behind me. Now I am able to ride every day if I so desire and believe me, I do.

I was asked to write for the Manzanillo Sun and share my views of what it means to be able to spend my retirement years living full time in Mexico and being able to travel by motorcycle throughout most of Mexico safely.

For your information, I am a retired educator from the Toronto area in Ontario Canada. I was extremely fortunate to have entered the profession when I was barely twenty one. Retirement for me occurred at the age of fifty three. I decided to move to Mexico and try living here full time. That was eight years ago and I have never looked back.

Riding a motorcycle has been a passion for the last forty five years. Growing up in Northern Ontario, the riding season is short at best. May to September was pretty much the season and then running a snow blower replaced my time in the saddle for the next seven months.



That has all changed. My wife and best friend, Karyn and I enjoy riding as often as we are able. For several years we lived in Nayarit and then discovered Manzanillo when we were invited to visit here for a local club sponsored motorcycle event. That did it for us. We found that Manzanillo was where we really wanted to live. People have asked why not Puerto Vallarta and we always reply that there is no comparison.

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Although some folks hate the sound of the rumbling roar of a big V twin Harley, the majority have an appreciation for what it is really all about. Sadly, many folks are under the impression that if you ride you must be a gang member looking to terrorize all who may cross your path. This is a misconception.

Motorcycling is a lifestyle choice. It is not for everyone. Mexico has a large number of motorcycle clubs and none of them that we have encountered are looking for problems. Instead it is the freedom of the open road that beckons one and all to travel all over Mexico to attend "moto-fiestas." The camaraderie of like-minded people who ride motorcycles is clearly evident at motorcycle rallies. If you attend on a regular basis, you end up with friends located in different cities. We have attended several and not a weekend passes that there is not an event to attend somewhere in Mexico.

Many friends back home ask if we are not fearful to be sharing the roads with Mexicans. We smile and say that we feel safer here than in Toronto or many other parts of Canada. Mexican drivers for the most part are respectful and courteous and in addition are used to seeing motorcycles year round.

Some of the key elements to enjoying the motorcycle riding experience in Mexico are: wearing proper clothing while riding. I cringe when I see people flying down the highway or around city streets without a helmet or protective clothing.

It is unfortunate if the only way you adopt a safe attitude, is after having an accident. For many that may be too late.



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Riding in shorts and sandals is a disaster waiting to happen. If you are travelling on the highway the most common type of protective material is leather. Leather jacket, chaps, boots, gloves, a DOT approved helmet and protective eyewear are a must. It also serves to protect you from dehydration. Many who ride are not aware of this and when the heat induced fatigue sets in, it is time to get off the saddle and cool down. Wearing full leathers will significantly reduce this from occurring. You may be hot when stopped but on the highway you will feel cooler and confident.

When we ride, it is usually alone or with carefully selected friends who are also experienced riders and share the same attitude about road safety.

The biggest issue for us when it comes to road safety is to avoid any riders who want to stop along the way and hoist a few. I do not think that there is anything more dangerous and life threatening than riding with other bikers who are in varying states of intoxication. Not only are they a danger to themselves but also anyone who may be riding with them.

If you cannot drink water en route and wait until you safely arrive at your destination to have a few, then you should not be riding. Unfortunately, we have seen experienced this on

more than one occasion. We choose to not be a part of that mentality. In addition we never ride at night.

With all my years of motorcycling experience, I have become a confident rider but never over confident in my abilities to handle a powerful machine that can easily end my life. Respect for the machine and your own life are tantamount to becoming a seasoned rider with the right attitude. If you carry a passenger, you are responsible not only for your own safety but also that of your passenger.

My wife is my life partner as well as my ride guide. In this case being a back seat driver is acceptable. She watches for things that I may not see and with hand taps and signals we travel without incident.

Retirement in Mexico is a wonderful, enjoyable experience. For some it is golf and riding around in those zany golf carts while for us the freedom of the open road is what it is all about. For us it is the sound of the big V twin Harley Davidson on the open road.

If you are a cage driver, be sure to look once and then twice to avoid not seeing a biker.

Ride to live, live to ride !



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March Photo Contest Winner!!

I do apologize, as I wanted to post everyone's picture that was sent in. However due to computer failure I wasn't able to save all the pictures, and get everyone to resend them all to me in time. I managed to get the winner to resend her photo, and I think you will agree.. "Only in Mexico". Humorous and something you wouldn't be

surprised to see around the corner. She definitely got the theme.

Thank you to all the contestants, for their entries, we had a hard time choosing, and I wish I could show them all to you. Maybe next month if people re-send in the original entries we can post them for all to see.

Remember April Contest!! Theme....."Only in Mexico" You really have to love their people!

Send your entries into: info@manzanillosun.com

Deadline: 28 April: Winner to be announced in Mays edition along with all photos sent in

WINNING PHOTO!

Mexican Privacy by Karen Trom



Thank you to our sponsors for giving us prizes.



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CERAMIC

TILE ART

by Robert Hill

MURALIST - PAINTER
DESIGNER - TEACHER
Manzanillo, Colima, Mexico



Recent wall mural by Robert Hill



La Paloma - Terrace Wall Mural at Villas Del Tesoro

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